

Penguin Random House



# highlights

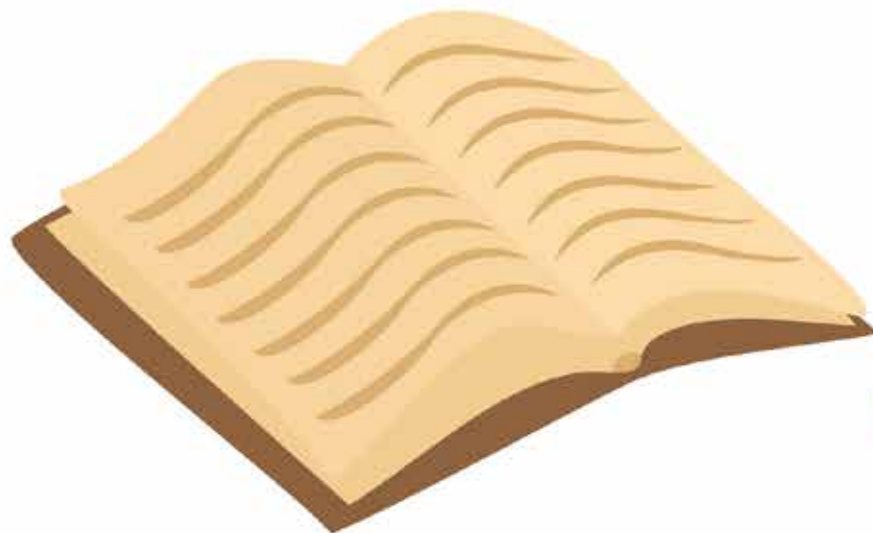


# catalogue

*January - June 2021*







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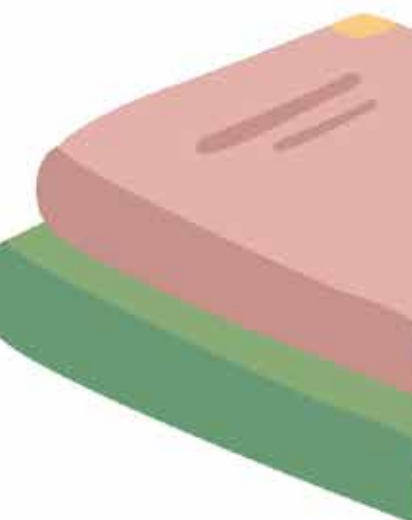
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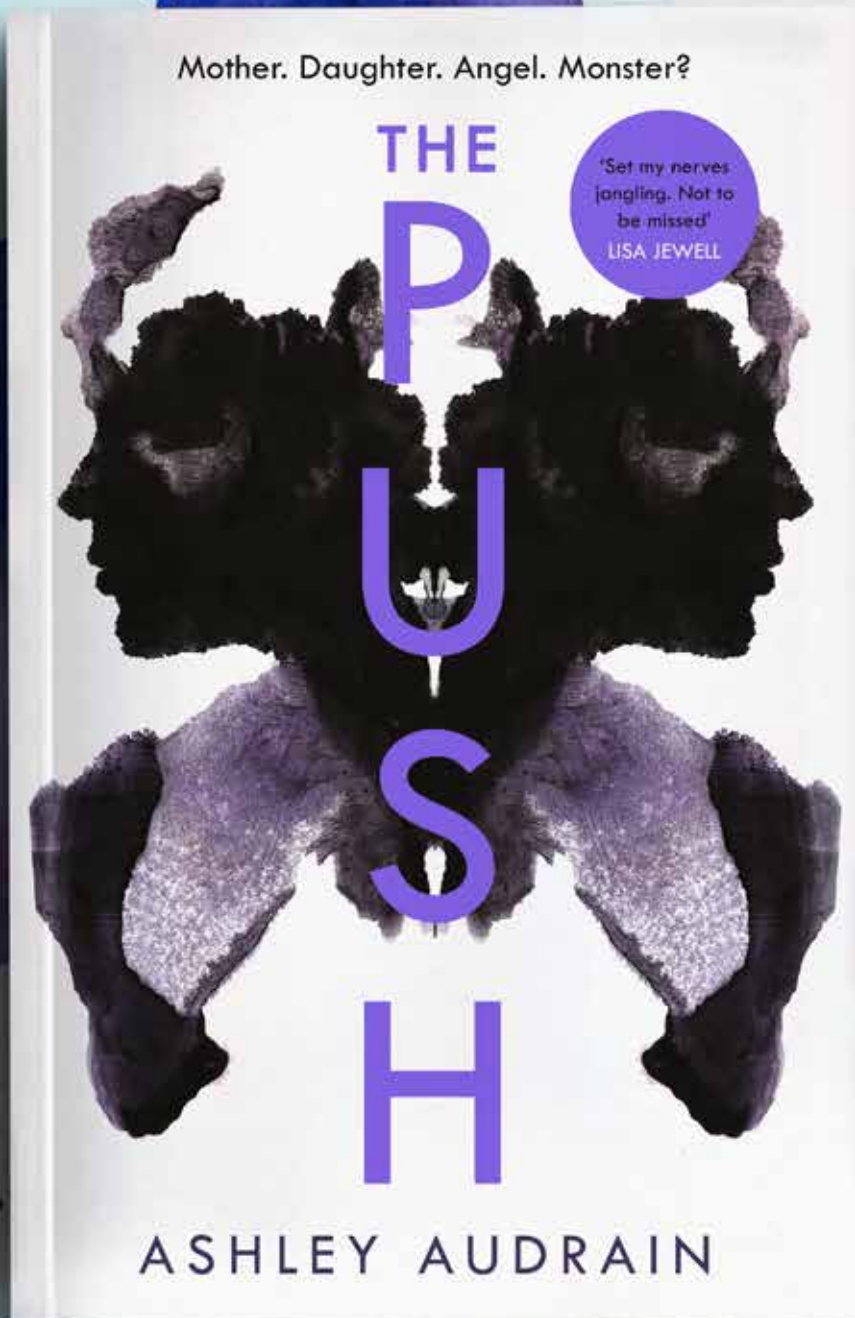
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44 COOKERY





# rising stars



Mother. Daughter.  
Angel. Monster?  
This year's most  
astonishing debut.

**The Push**  
**Ashley Audrain**

Blythe Connor doesn't want history to repeat itself.

Violet is her first child and she will give her daughter all the love she deserves. All the love that her own mother withheld.

But firstborns are never easy. And Violet is demanding and fretful. Soon Blythe believes that something's very wrong.

Blythe wants to be a good mother. But what if that's not enough for Violet? Or her marriage? What if she can't see the darkness coming?

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Trade paperback • R290 • 9780241434567 • February

**'Starkly original and compulsively readable, *The Push* is a deep dive into the darkest nooks and crannies of motherhood.'**

— Kristin Hannah, #1 *New York Times* bestselling author



**ASHLEY AUDRAIN**

Ashley Audrain previously worked as the publicity director of Penguin Books Canada. Prior to Penguin, she worked in public relations. She lives in Toronto, where she and her partner are raising their two young children.



**Scorpion**  
**Christian Cantrell**

Around the world, people have been murdered. The victims fit no profile, the circumstances vary wildly, but one thing links them all: in every case the victim is branded with a number.

With police around the globe floundering, CIA Analyst Quinn Mitchell is called in to investigate.

As she races against time to find out who the killer is, she is prepared to catch this ice-hearted assassin with limitless resources.

What she isn't prepared for is the person pulling the strings...

Trade paperback • R290 • 9780241371336 • June



**The Sanatorium**  
**Sarah Pearse**

An imposing, isolated hotel, high up in the Swiss Alps, is the last place Elin Warner wants to be. But she's taken time off from her job as a detective, so when she receives an invitation to celebrate her estranged brother's engagement, she accepts.

Though it's beautiful, something about the hotel, recently converted from an abandoned sanatorium, makes her nervous.

And when her brother's fiancée vanishes, Elin's unease grows. When the storm cuts off access to and from the hotel, and another woman goes missing, Elin realises just how much danger they're all in.

Trade paperback • R330 • 9781787633322 • March



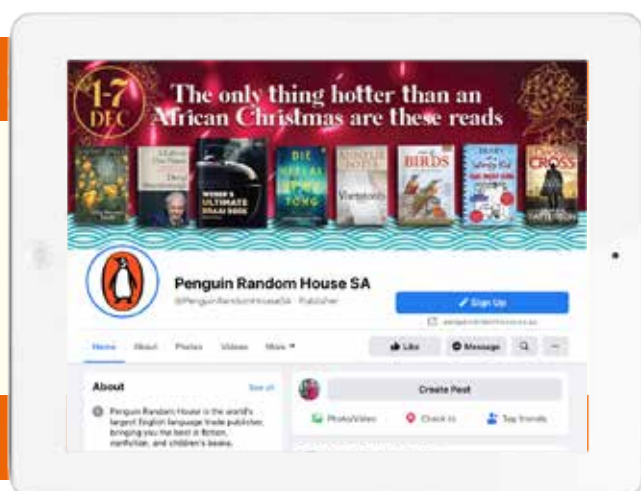
**Tall Bones**  
**Anna Bailey**

When seventeen-year-old Emma leaves her best friend Abi at a party in the woods, she believes, like most girls her age, that their lives are just beginning. Many things will happen that night, but Emma will never see her friend again.

Abi's disappearance cracks open the façade of the small town of Whistling Ridge, its intimate history of long-held grudges and resentment. Even within Abi's family, there are questions to be asked.

Anything could happen in Whistling Ridge, and all it will take is just one spark – the truth of what really happened that night out at the Tall Bones...

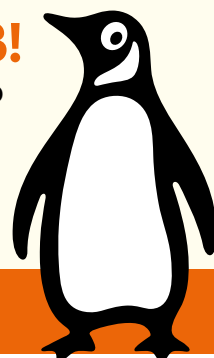
Trade paperback • R290 • 9780857527394 • April



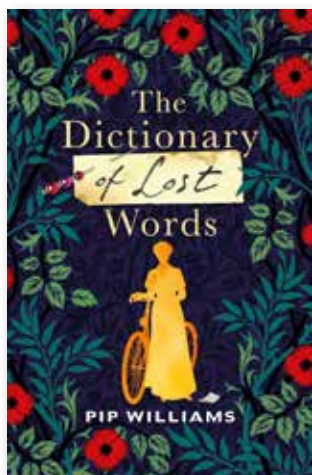
## JOIN THE PENGUIN CLUB!

Find us on Facebook and join our book club for fabulous prizes and regular updates on authors and events.

 **Penguin Random House SA**



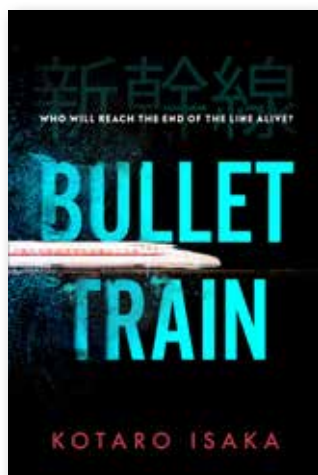




**The Dictionary of Lost Words**  
**Pip Williams**

Esme spends much of her childhood hanging around her father and his team of lexicographers who are collecting words for the very first Oxford English Dictionary. Hiding under a table, she rescues a forgotten word – Bondmaid – from the floor, stashing it away in an old case. As Esme gets older, she begins to collect other words which have been misplaced, neglected or discarded by the men, and soon her own dictionary begins to grow: The Dictionary of Lost Words, which will help to teach her about how women's stories and words are so often discarded and unrecorded by history.

Trade paperback • R290 • 9781784743871 • May



**Bullet Train**  
**Kotaro Isaka**

Five killers find themselves on a bullet train from Tokyo competing for a suitcase full of money. Who will make it to the last station?

A bestseller in Japan, *Bullet Train* is an original and propulsive thriller which fizzles with an incredible energy as its complex net of double-crosses and twists unwinds to the last station.

Trade paperback • R330 • 9781787302594 • May



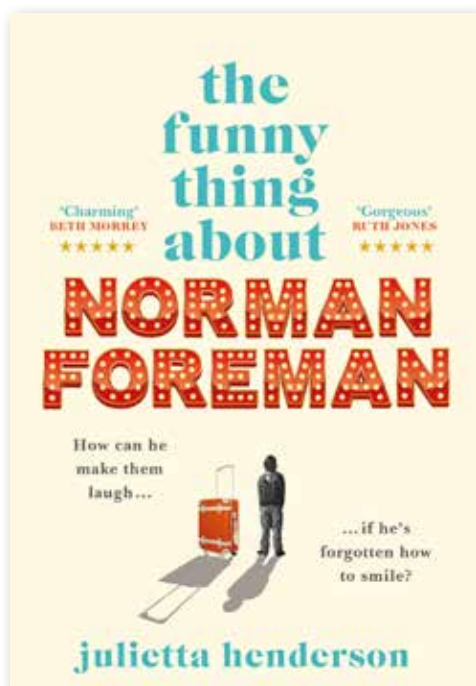
**The One Hundred Years of Lenni and Margot**  
**Marianne Cronin**

Life is short – no one knows that better than seventeen year-old Lenni Petterssen. On the Terminal Ward, the nurses are offering their condolences already, but Lenni still has plenty of living to do.

When she meets 83-year-old Margot Macrae, a fellow patient offering new friendship and enviable artistic skills, Lenni's life begins to soar in ways she'd never imagined.

As their bond deepens, a world of stories opens up. Stories that have led Lenni and Margot to the end of their days.

Trade paperback • R290 • 9780857527202 • March



**The Funny Thing about Norman Foreman**  
**Julietta Henderson**

Norman and his best friend Jax had a plan to take them all the way to the Edinburgh Fringe in just 5 years' time. But when Jax dies before they turn twelve, Norman decides a tribute act for his best friend just can't wait...

Sadie won't win a mother of the year award anytime soon and not knowing exactly who her son's father is isn't topping her list of achievements. But if performing at the Fringe and finding his dad is what will help Norman through... they're going to make it happen.

Trade paperback • R290 • 9781787633513 • January

An uplifting and heart-warming novel about a boy with a grief he's too young to understand and a mother who will do anything to help him through it



## 5 minutes with Julietta Henderson



Julietta Henderson, author of the delightful and uplifting debut, *The Funny Thing about Norman Foreman*, chats about hope, courage and cheeky octogenarians.

"I've always been drawn to the 'outsiders' of life, because they're the ones with the interesting stories. When an unusual, comedy-obsessed boy called Norman arrived in my head, I started wondering how it would feel to want to do something you loved so much, but know that you weren't actually any good at it. I knew that as a couple of outsiders, Sadie and Norman Foreman were going to have to be each other's heroes, but their real journey was going to be in discovering the depth of their own courage. Even though both of them have to face such sadness I wanted it to be a hopeful story, because I think hope is such a powerful catalyst for happiness.

*The Funny Thing about Norman Foreman* is just as much about loss as it is humour. Grief and happiness are both such strong emotions and perhaps not as different from each other as we might imagine. I've always had this idea when a person has to go through something utterly devastating in their life, somewhere along the line the universe will try to make amends by presenting them with something wonderful. But grief can be so overwhelming that it becomes impossible to be open to the good stuff, so I asked myself: what if the worst thing that ever happened to you could actually lead you to the best time of your life? There's so much conflict and hope wrapped up in that question and I absolutely loved where finding the answer took me.

I love all my characters in the book, and it was so much fun developing them. But I've probably got the biggest soft spot for Leonard. Octogenarian Leonard Cobcroft is Sadie's colleague, but after hearing about her hopes to get Norman to the Edinburgh Fringe – happening in just four weeks – he insists on driving them there in his vintage teal 1971 Austin Maxi, and helping them hash out a plan.

Apart from the fact that other than Sadie and Norman, Leonard's the one I spent most time with, there's so much more to his story than ever made it into the book. I hope that I'm as cheeky, resilient and curious as Leonard when I hit my eighties!

Like many other authors, my first published novel isn't actually the first I've written, and I have quite the collection of unfinished stories on my hard drive! But the difference is that I fell in love with Norman and Sadie's story so much that my desire to push through and finish it was stronger than the temptation to stop. So I think for anyone who wants to write a novel, you have to create the time and space to listen to the story your heart is telling you – and then write the book that nobody else but you could write."



# fiction

## Project Hail Mary Andy Weir

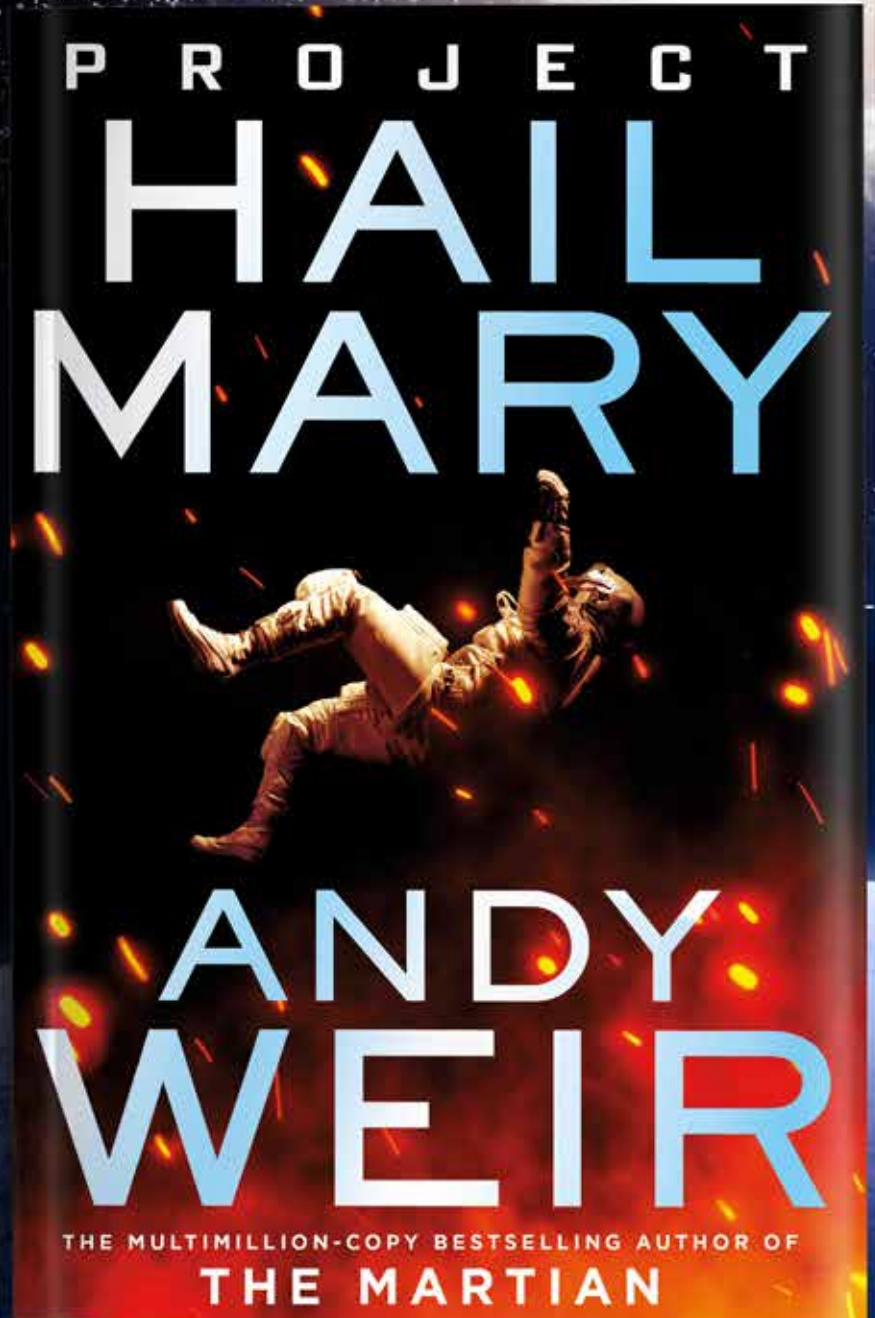
Ryland Grace is the sole survivor on a desperate, last-chance mission – and if he fails, humanity and the earth itself will perish.

Except that right now, he doesn't know that. He can't even remember his own name, let alone the nature of his assignment or how to complete it.

All he knows is that he's been asleep for a very, very long time. And he's just been awakened to find himself millions of miles from home, with nothing but two corpses for company.

Trade paperback • R330 • 9781529100624 • May

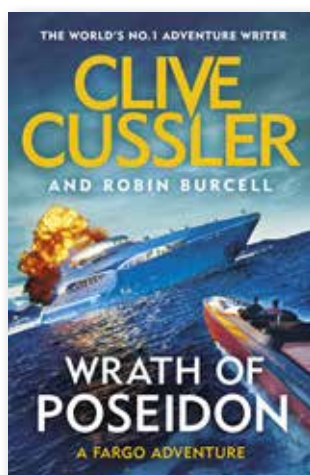
A lone astronaut must save the earth from disaster in this incredible new thriller from the *Sunday Times* bestselling author of *The Martian*



### ANDY WEIR

Andy Weir built a two-decade career as a software engineer until the success of his first published novel, *The Martian*, allowed him to live out his dream of writing full-time. He is a lifelong space nerd and a devoted hobbyist of such subjects as relativistic physics, orbital mechanics, and the history of manned spaceflight. He also mixes a mean cocktail. He lives in California.





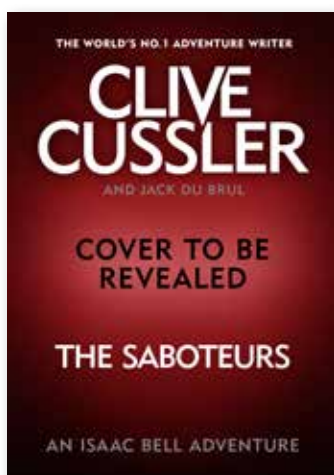
**Wrath of Poseidon**  
Clive Cussler & Robin Burcell

The legend of Croesus's riches has echoed across millennia. Stolen and hidden by pirates after the Persian King's defeat in 546 BC, his staggering wealth was thought to be lost to history...

Treasure-hunters Sam and Remi Fargo know it's out there somewhere. A decade after their search for the King's gold first brought them together, the husband and wife team return to Greece to uncover the hoard that has always eluded them.

But they soon learn they're not the only ones looking.

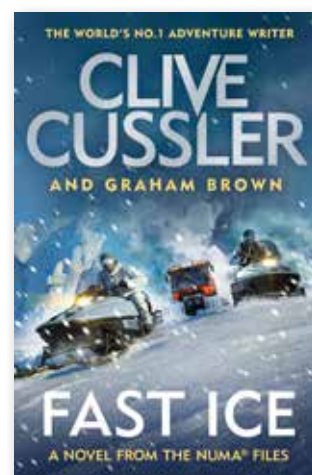
Paperback • R195 • 9781405944526 • June



**The Saboteurs**  
Clive Cussler & Jack du Brul

Detective Isaac Bell's wife has said that he is always in the wrong place at the right time. This is certainly the case when Bell thwarts the attempted assassination of a United States Senator shortly after meeting the man. This heroic rescue is just the start of the mystery for Bell, who suspects that the would-be assassins have a much larger and more dangerous agenda.

Trade paperback • R330 • 9780241464533 • May



**Fast Ice**  
Clive Cussler

Kurt Austin and the NUMA crew return in the rip-roaring new thriller from the No. 1 *Sunday Times*-bestselling Grand Master of Adventure, Clive Cussler.

Trade paperback • R330 • 9780241467893 • April



# CLIVE CUSSLER

THE WORLD'S NUMBER 1 ADVENTURE WRITER

## DID YOU KNOW?

Clive Cussler was the author and co-author of a great number of international bestsellers, including the famous Dirk Pitt® adventures, such as *Celtic Empire*; the NUMA® Files adventures, most recently *The Rising Sea*; the Oregon Files, such as *Shadow Tyrants*; the Isaac Bell historical thrillers, which began with *The Chase*; and the recent Fargo Adventures, which lastly included *The Oracle*. Cussler died in February 2020.

**1 He has uncovered more than 60 shipwrecks.**

Cussler's interest in maritime disasters will be apparent to anyone who has read his breakout novel *Raise the Titanic!* (1976). But his interest extends beyond the fictional, and it has led to his creation of the National Underwater and Marine Agency (NUMA), a non-profit dedicated to discovering and studying shipwrecks.

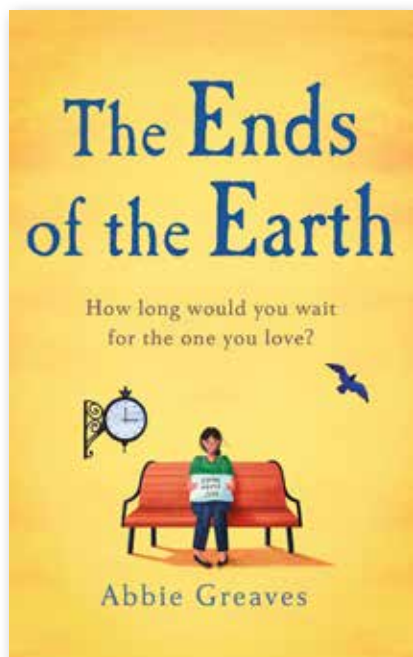
**2 His most famous character is named after his son.**

At least, his first name. Not only was Dirk Cussler the namesake of Dirk Pitt (first seen in *The Mediterranean Caper* (1973)), the iconic marine engineer/hero of more than 20 novels, he has even followed in his father's footsteps and co-written some Dirk Pitt novels himself.

**3 He likes to put himself in his novels.**

What began as a sort of joke during the writing of his 1990 novel *Dragon* took on a life of its own when Cussler's editors neglected to remove his inclusion of himself as a minor character.

Source: [blog.bookstellyouwhy.com](http://blog.bookstellyouwhy.com)



### The Ends of the Earth

**Abbie Greaves**

Every evening without fail, Mary O'Connor arrives at Ealing Broadway station and sets herself up among the commuters with a sign which reads: 'Come Home Jim.'

Call her mad, call her a nuisance – Mary isn't going anywhere.

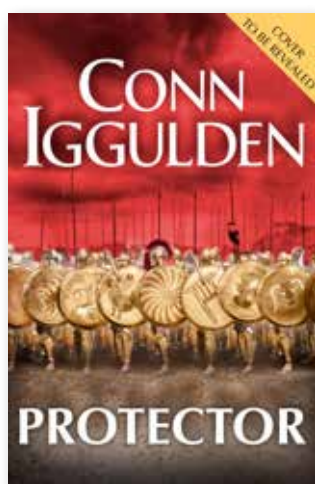
That is, until an unexpected call turns her world on its head. In spite of all her efforts, Mary can no longer find the strength to hold herself together. She must finally face what happened all those years ago, and answer the question – where on earth is Jim?

Trade paperback • R330 • 9781529123975 • May



### ABBIE GREAVES

Abbie Greaves studied at Cambridge University before working in a literary agency for a number of years. She was inspired to write her first novel, *The Silent Treatment*, after reading a newspaper article about a boy in Japan who had never seen his parents speak to one another before.



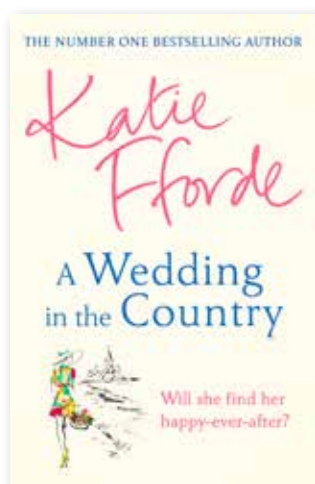
### Protector

**Conn Iggulden**

Discover the rise and fall of the world's greatest empire in the stunning second novel in the Athenian series, from the nation's finest historical novelist.

Set in the bloody, brutal world of Ancient Greece, an age of ever-shifting loyalties and epic battles. Witness the rise and fall of the world's greatest empire.

Trade paperback • R330 • 9780241420430 • June



### A Wedding in the Country

**Katie Fforde**

Lizzie's mother may be keen that she should have a nice wedding in the country to a Suitable Man chosen by her. But she definitely wants to have some fun first.

It is 1963 and London is beginning to swing as Lizzie cuts her hair, buys a new dress, and moves in with two of her best friends.

Soon Lizzie has forgotten all about her mother's marriage plans for her. All she can think about is that the young man she is falling in love with appears to be engaged to someone else...

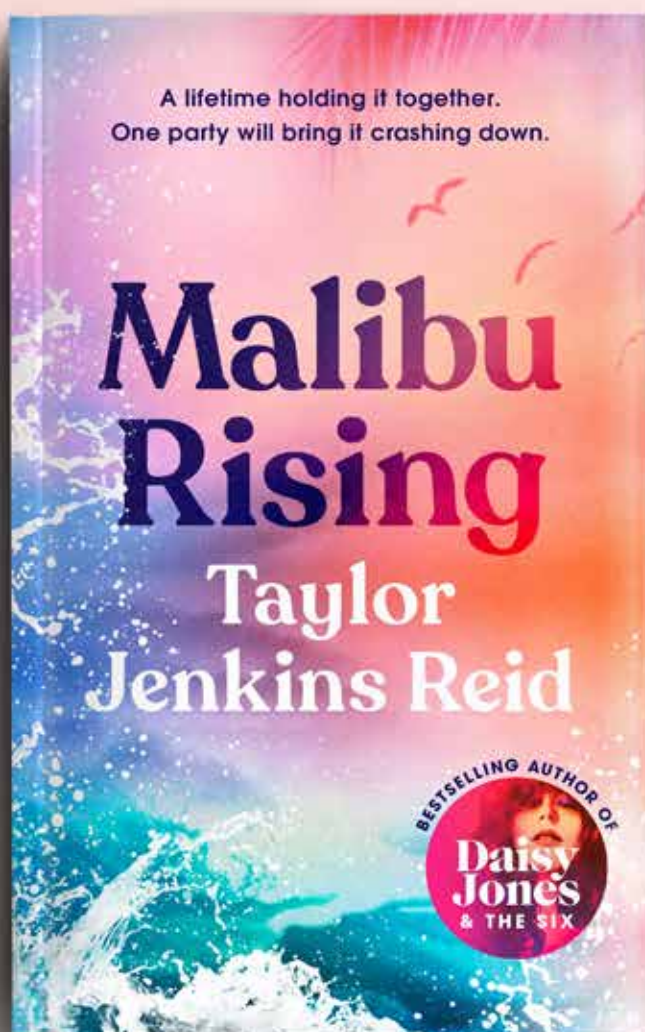
Trade paperback • R330 • 9781780897592 • March



### KATIE FFORDE

Katie Fforde lives in the beautiful Cotswold countryside with her family, and is a true country girl at heart. Each of her books explores a different profession or background and her research has helped her bring these to life. She's been a porter in an auction house, tried her hand at pottery, refurbished furniture, delved behind the scenes of a dating website, and she's even been on a Ray Mears survival course. She loves being a writer; to her there isn't a more satisfying and pleasing thing to do. She particularly enjoys writing love stories. She believes falling in love is the best thing in the world, and she wants all her characters to experience it, and her readers to share their stories.





### Malibu Rising Taylor Jenkins Reid

A lifetime holding it together.

One party will bring it crashing down.

Malibu: August, 1983. It's the day of Nina Riva's annual end-of-summer party, and anticipation is at a fever pitch. Everyone wants to be around the famous Rivas: Nina, the talented surfer and supermodel; brothers Jay and Hud, one a championship surfer, the other a renowned photographer; and their adored baby sister, Kit. Together, the siblings are a source of fascination in Malibu and the world over – especially as the offspring of the legendary singer, Mick Riva.

The only person not looking forward to the party of the year is Nina herself, who never wanted to be the center of attention, and who has also just been very publicly abandoned by her pro tennis player husband. Oh, and maybe Hud because it is long past time to confess something to the brother from whom he's been inseparable since birth.

Jay, on the other hand, is counting the minutes until nightfall, when the girl he can't stop thinking about promised she'll be there.

And Kit has a couple secrets of her own – including a guest she invited without consulting anyone.

By midnight the party will be completely out of control. By morning, the Riva mansion will have gone up in flames. But before that first spark in the early hours before dawn, the alcohol will flow, the music will play, and the loves and secrets that shaped this family's generations will all come bubbling to the surface.

*Malibu Rising* is a story about one unforgettable night in the life of a family: the night they each have to choose what they will keep from the people who made them... and what they will leave behind.

Trade paperback • R330 • 9781786331533 • June



### TAYLOR JENKINS REID

Taylor Jenkins Reid is the author of several novels, including *Daisy Jones & The Six*, *The Seven Husbands of Evelyn Hugo* and *Forever, Interrupted*. She lives in Los Angeles with her husband, their daughter, and their dog.

BY THE  
SAME  
AUTHOR

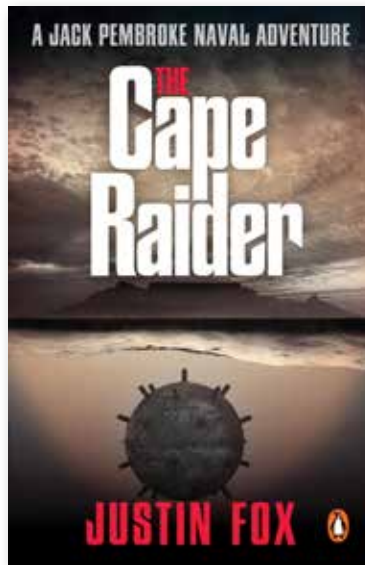






### JUSTIN FOX

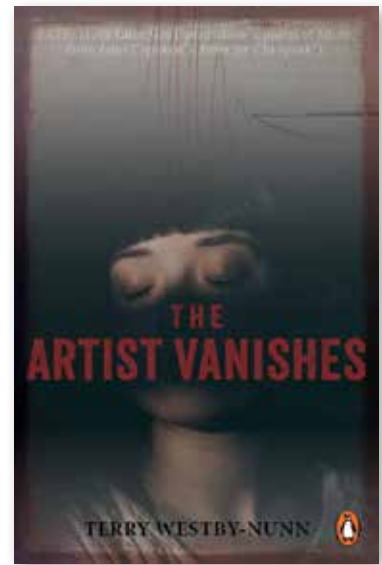
Justin Fox is a travel writer, novelist and photographer based in Cape Town, South Africa. He was the editor of *Getaway* travel magazine until 2020. Justin was a Rhodes Scholar and received a doctorate in English from Oxford University after which he was a research fellow at the University of Cape Town, where he has taught part time for two decades. His articles and photographs have appeared internationally in a number of publications and on a wide range of topics, while his short stories and poems have appeared in various anthologies. He has written scripts and directed award-winning documentaries and is a two-time Mondi journalism award winner (1999 and 2004).



### The Cape Raider Justin Fox

A sweeping historical adventure, *The Cape Raider* is the tale of a broken hero who has to find himself despite the trauma of war, a domineering father and the death of his mother during the Blitz. He must adapt to a new country, a new navy and new love, and finally he must come face to face with the Nazi raider in a fight to the death in the icy seas off the southernmost tip of Africa.

Softcover • R290 • 9781485904427 • April



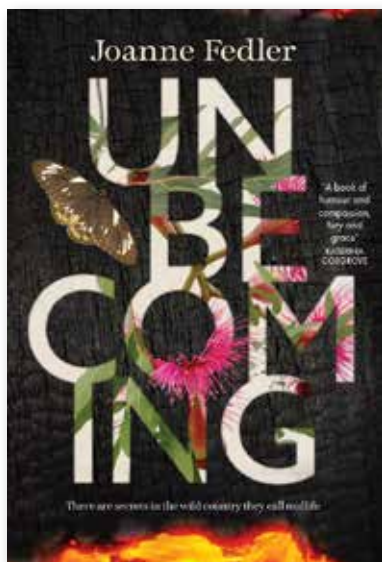
### The Artist Vanishes Terry Westby-Nunn

Infamous Cape Town artist Sophie Tugiers has been missing for several years. Her mysterious disappearance caused a brief ripple before dissolving into a distant media memory. Sophie's controversial art alienated many people: those who didn't consider her a sell-out thought her last exhibition was sadistic – after all, one of her experimental participants committed suicide.

James Dempster is a jaded filmmaker with a whiskey problem. Following his acrimonious divorce, he needs a project to relaunch his stalled career. When he discovers he's living in the flat Sophie once rented, he is drawn into her sinister tale.

What really happened to Sophie?

Softcover • R290 • 9781415210314 • April



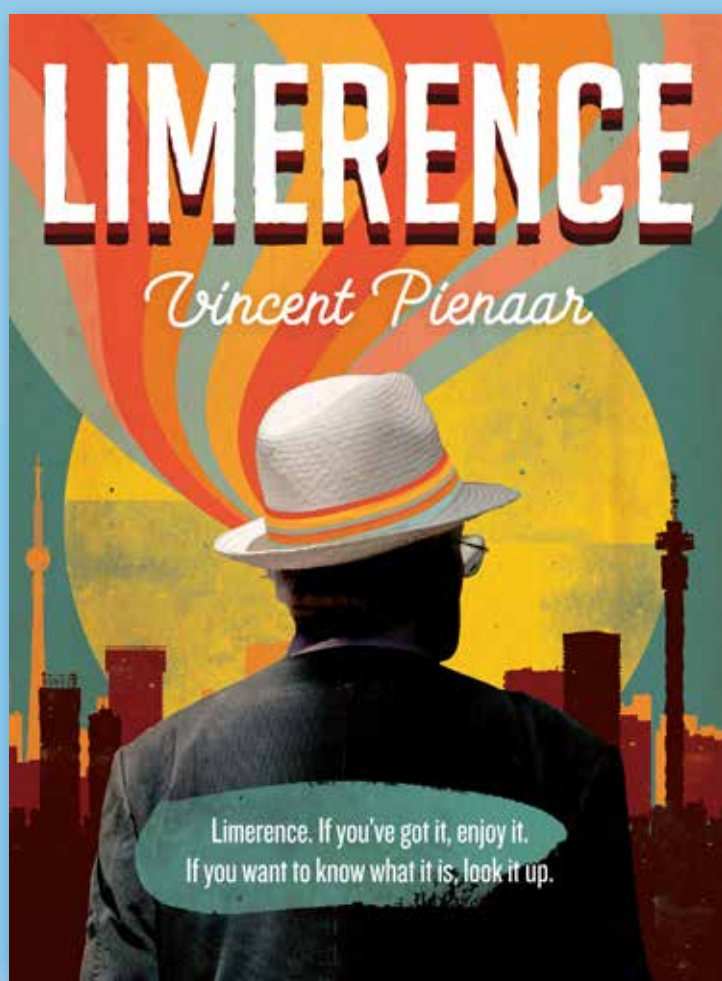
### Unbecoming Joanne Fedler

While on her three-month marriage-and-motherhood sabbatical in the country, Jo bumps into an old friend Fiona who invites her on a 'sacred', silent walk to mark her 57th birthday – the first since her husband Ben died.

The last thing Jo wants is to share anything about herself – these are Fiona's friends, not hers. And what's she going to say? That her young adult children have made life choices she doesn't understand? That she has no idea who she is anymore? That everything is falling apart – even her happy marriage to Frank?

But the unexpected intrusion of a stranger into their secret location unleashes powerful and conflicting emotions in each woman, provoking conversations and confidences that stray into the shadowlands of motherhood, the mysteries of midlife, the future of monogamy and mother Earth.

Softcover • R290 • 9781485904731 • June

**Limerence****Vincent Pienaar**

When Clarissa shook Scout from her life like crumbs from a picnic blanket forty years ago, she hoped she would never ever see him again.

But here he is, on the doorstep of her luxe townhouse, and against her better judgment, she listens to his story.

He regrets, Scout tells her, that they parted on such bad terms. To make amends, he has named her his sole beneficiary in his last will and testament. Oh, and by the way, could she lend him four hundred thousand bucks?

Months later Clarissa is summoned to a lawyer's office. She assumes Scout has kicked the bucket and that there will be a reading of his will. But when she arrives, four other women tell her to join the queue.

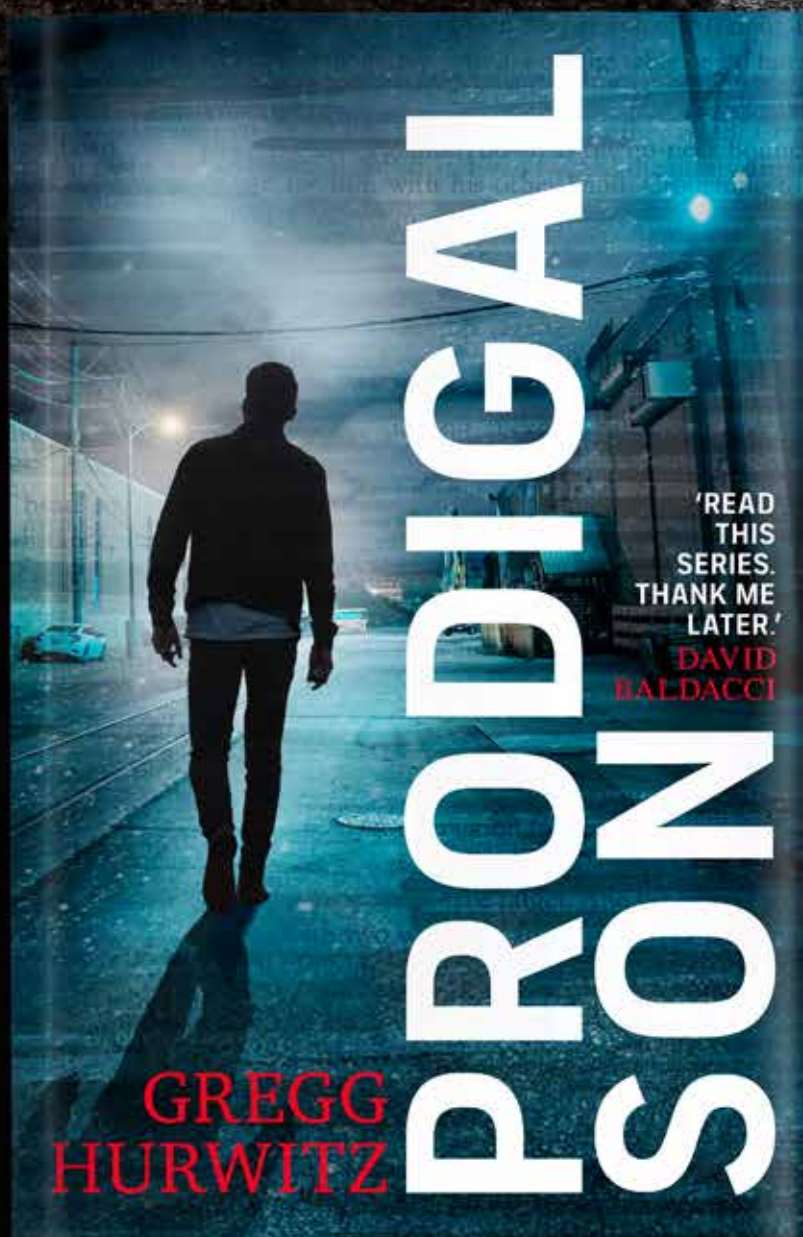
Set in vibrant, ever-changing Joburg, *Limerence* tracks Scout's relationships with five remarkable women. Warm-hearted and funny, this is a tale guaranteed to lift the spirits of even the sourest of exes.

Softcover • R280 • 9781485904632 • June





# crime & thrillers



## **Prodigal Son** Gregg Hurwitz

As a boy, Evan Smoak was pulled out of a foster home and trained off-the-books as a government assassin, codenamed Orphan X.

Forced into retirement, Evan Smoak gets an urgent request from someone he never expected - his mother. She needs his help protecting Andrew Duran, a man in the wrong place at the wrong time, with no safe place to hide. Running from a brutal assassination team, Duran's only hope lies with Evan.

But when a hidden cabal catches on to what Evan is doing, everything he's fought for is on the line - including his own life.

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Trade paperback • R330 • 9780241402863 • March

**'Mind blowing! A perfect mix of Jason Bourne and Jack Reacher'**

- Lisa Gardner



## **GREGG HURWITZ**

GREGG HURWITZ is the *New York Times* #1 internationally bestselling author of 22 thrillers including the *ORPHAN X* series. His novels have won numerous literary awards and have been published in 32 languages. Additionally, he's written screenplays and television scripts for many of the major studios and networks, comics for DC and Marvel, and political and culture pieces for *The Wall Street Journal*, *The Guardian*, and others. Gregg lives with his three Rhodesian ridgebacks in Los Angeles, where he continues to play soccer, frequently injuring himself.



### **Serpentine** **Jonathan Kellerman**

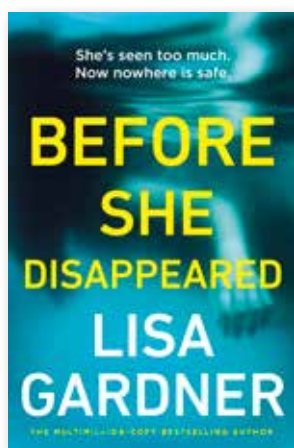
Ellie Barker is a self-made millionaire by the age of forty, and is obsessed with reopening the coldest of cases: the decades-old death of the mother she never knew. She hires LAPD homicide lieutenant Milo Sturgis to help.

Twenty-five years ago Ellie's mother was found with a bullet in her head in a torched Cadillac that has overturned on infamously treacherous Mulholland Drive.

This is a case that calls for the insight of brilliant psychologist Alex Delaware. And as he and Sturgis begin digging, the mist begins to lift. There are too many coincidences and very real threats are lurking in the present...

Trade paperback • R330 • 9781780899060 • February

The electrifying new Alex Delaware thriller from the  
#1 *New York Times* bestselling master of suspense



### **Before She Disappeared** **Lisa Gardner**

Frankie Elkin is an average middle-aged woman who spends her life doing what no one else will: searching for missing people the world has stopped looking for.

A new case brings Frankie to Mattapan, a Boston neighborhood with a rough reputation. She is searching for Angelique Badeau, a Haitian teenager who vanished from her high school months earlier.

She soon learns she's asking questions someone doesn't want answered. But Frankie will stop at nothing to discover the truth, even if it means the next person to go missing will be her...

Trade paperback • R330 • 9781529124422 • February



### **The Burning Girls** **C. J. Tudor**

Reverend Jack Brooks is looking for a fresh start.

Chapel Croft appears the perfect place, but the village has a dark and dangerous history – and the ghosts of its past refuse to stay buried.

Decades ago, two girls disappeared. And just months ago, the last vicar committed suicide – but not before leaving a message for Jack.

Jack must uncover the truth, or risk sacrificing the village to the evils that lie within.

Trade paperback • R330 • 9780241371312 • March



### **When They Find Her** **Lia Middleton**

A year ago, Naomi lost custody of her only child.

Now, her daughter has come to stay, and Naomi knows it's her one chance to re-build her family. But the night ends in a terrible accident. And Naomi tells a lie she can never take back: She reports her daughter missing.

Within hours, her home is invaded. Police search the woods and her ex-husband paces the hall. And Naomi knows the only thing worse than the lie she's told is the truth: She has no memory of what really happened that night...

Trade paperback • R330 • 9780241486214 • June

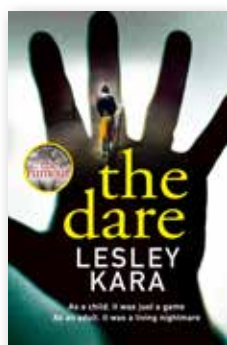


### Win Harlan Coben

Over twenty years ago, heiress Patricia Lockwood was abducted during a robbery of her family's estate. Patricia escaped, but so did her captors, and the items stolen from her family were never recovered. Until now.

On New York's Upper West Side, a recluse is found murdered in his penthouse apartment, alongside two objects of note: a stolen Vermeer painting and a leather suitcase bearing the initials WHL3. For the first time in years, the authorities have a lead not only on Patricia's kidnapping but also on another FBI cold case – with the suitcase and painting both pointing them towards one man.

Trade paperback • R330 • 9781529123852 • April



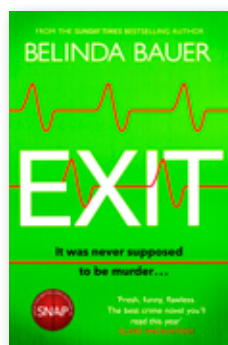
### The Dare Lesley Kara

When teenage friends Lizzie and Alice decide to head off for a walk in the countryside, they are blissfully unaware that only Lizzie will come back alive.

Lizzie has no memory of what happened in the moments before Alice died, she only knows that it must have been a tragic accident. But Alice's friends and relatives are convinced she had a part to play in her friend's death.

Twelve years later, Lizzie is horrified to find long-buried memories suddenly surfacing. Is the trauma of the accident finally catching up with her, or could someone be trying to threaten her new-found happiness?

Trade paperback • R330  
9781787633254 • March



### Exit Belinda Bauer

When Felix lets himself in to Number 3 Black Lane, he's there to perform an act of charity: to keep a dying man company as he takes his final breath...

But just fifteen minutes later Felix is on the run from the police – after making the biggest mistake of his life.

Now his world is turned upside down as he must find out if he's really to blame, or if something much more sinister is at play. All while staying one shaky step ahead of the law.

Trade paperback • R330  
9781787630963 • March

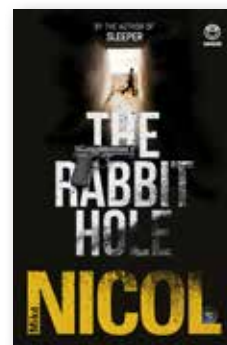


### The Fine Art of Invisible Detection Robert Goddard

Tokyo, Japan: Umiko Wada has had enough excitement in life. With an overbearing mother and her husband recently murdered, she just wants to keep her head down. As a secretary to a private detective, her life is pleasantly filled with coffee runs and paperwork.

That is, until her boss takes on a new case. A case that is surrounded by shadows. A case that means Wada will have to leave Tokyo and travel to London.

Trade paperback • R330  
9781787630642 • April



### The Rabbit Hole Mike Nicol

Money. Money. Money. Tons of it. In US dollars. And it's all being funnelled into a government tender snagged by family-owned Amalfi Civils. Which would be great for business if CEO Angela wasn't fighting with her CFO brother Rej. Where Angela sees corruption, Rej sees cabinet ministers, politicians, officials eager to lend a hand. For a fee. It's a big pot so he's happy to oblige. And if needs be he'll take out his sister to keep the lucre.

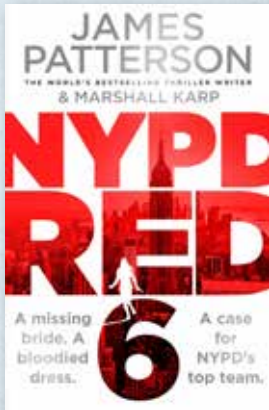
There are other players in this game. The CIA for one. The State Security Agency for another. And a black op using lawyer and spy Vicki Kahn as a honeytrap to ensnare Rej's middleman – the very same middleman that her lover, PI Fish Pescado, is investigating. With these stakes, it's only time before the killing starts.

Softcover • R270  
9781415210543 • February



# JAMES PATTERSON

THE WORLD'S BESTSELLING THRILLER WRITER



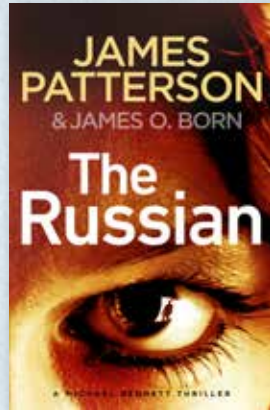
**NYPD Red 06**  
**James Patterson**

Erin Easton's wedding in one of New York's biggest venues may have a TV crew documenting every extravagant detail, but when the bride disappears from the reception, it's no diva turn. Her dressing room is empty except for a bloodspattered wedding dress.

Detective Kylie MacDonald of NYPD Red, already at the scene as a plus-one, brings in her partner, Detective Zach Jordan, to search for the missing bride.

Every A-list celebrity on the guest list has to be considered either a target of suspicion... or a target.

Trade paperback • R330  
9781529135466 • January



**The Russian**  
**James Patterson**

Weeks before NYPD Detective Michael Bennett is to marry his long-time love, Mary Catherine, an assassin announces their presence in the city with a string of murders. All of the victims are young women. And each has been killed in a manner as precise as it was gruesome.

Tasked with working alongside the FBI, Bennett uncovers multiple cold-case homicides across the country that fit the same distinctive pattern. And as he struggles to connect the killings, Bennett may be walking into a deadly trap.

Trade paperback • R330  
9781780899473 • February



**21st Birthday**  
**James Patterson**

In the latest instalment in the globally bestselling Women's Murder Club series, SFPD Sergeant Lindsay Boxer vows to protect a twenty-year-old victim long enough to see her twenty-first birthday.

Trade paperback • R330  
9781529125306 • March



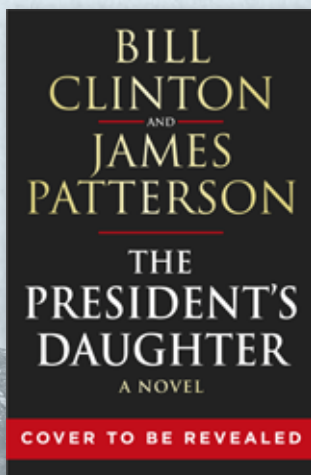
**The Red Book**  
**James Patterson**

To Detective Billy Harney, the newest member of Chicago PD's elite strike force, getting shot in the head, stalked by a state's attorney, and accused of murder by his fellow cops is all part of breaking a case.

So, when a drive-by shooting on the Chicago's west side turns political, he leads the way to a quick solve. But the three known victims are hardly the only ones.

As the easy answers prove to be the wrong ones, Harney's quest to expose the evil that's rotting the city from the inside out takes him to the one place he vowed never to return: his own troubled past.

Trade paperback • R330  
9781529125382 • April



**The President's Daughter**  
**President Bill Clinton and James Patterson**

There's a new administration in the White House. But it's the previous First Family who tops an international assassin's hit list.

Michael Keating is a former Navy SEAL – and a former President of the United States, now relocated to rural New Hampshire after a brave but ill-fated military mission cost him his second term.

All he wants is to sink into anonymity with his family (and his Secret Service detail). But when he's briefed on an imminent threat against his daughter, Keating's SEAL training may prove more essential than all the power, connections and political acumen he gained as President.

Trade paperback • R330 • 9781529125672 • June



# literary fiction

## **The Living Sea of Waking Dreams** **Richard Flanagan**

In a world of perennial fire and growing extinctions, Anna's aged mother is dying – if her three children would just allow it. She increasingly escapes through her hospital window into visions of horror and delight.

When Anna's finger vanishes and a few months later her knee disappears, Anna too feels the pull of the window. She begins to see that all around her others are similarly vanishing, but no one else notices. All Anna can do is keep her mother alive. But the window keeps opening wider, taking Anna and the reader ever deeper into a strangely beautiful novel about hope and love and orange-bellied parrots.

Trade paperback • R330 • 9781784744175 • February

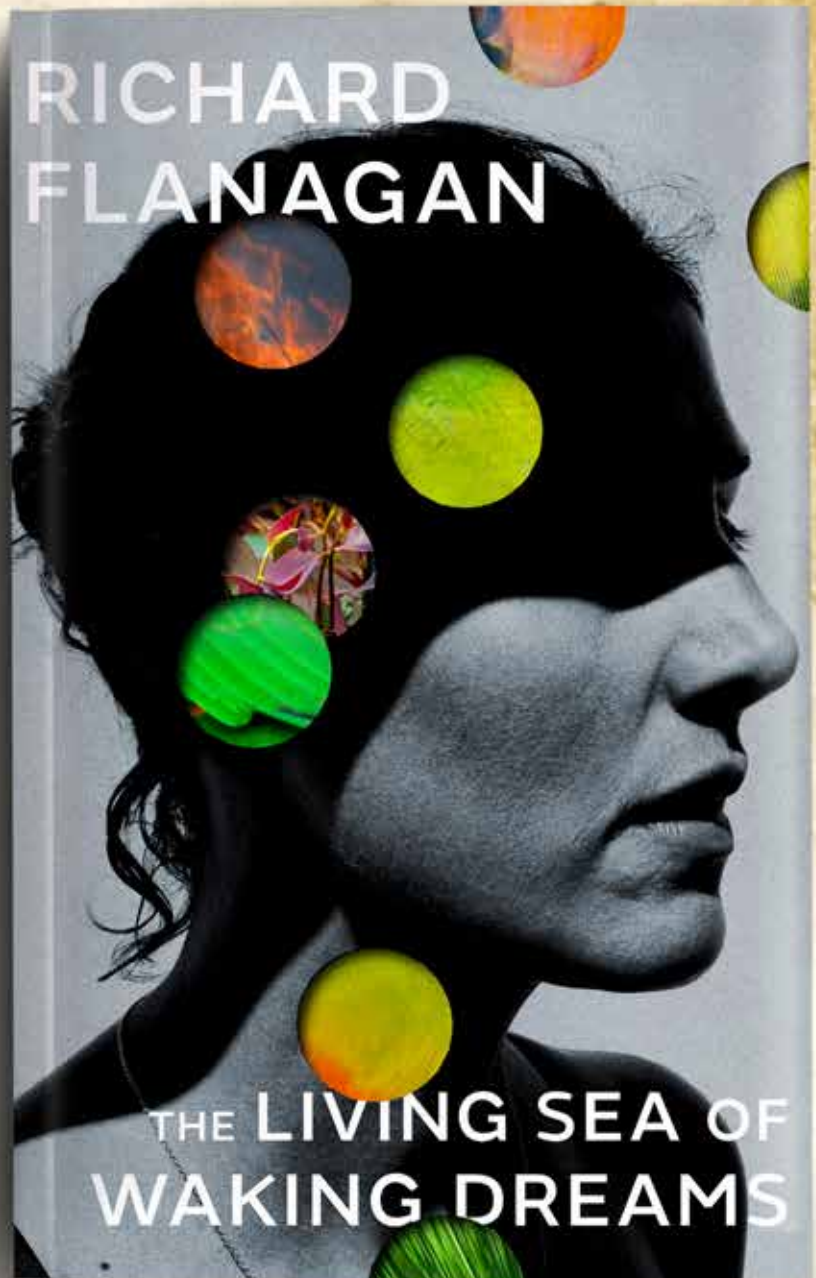
An ember storm of a novel, this is Booker Prize-winning novelist Richard Flanagan at his most moving – and astonishing – best



### **RICHARD FLANAGAN**

Richard Flanagan's novels have received numerous honours and are published in forty-two countries. He won the Booker Prize for *The Narrow Road to the Deep North* and the Commonwealth Prize for *Gould's*

*Book of Fish*. A rapid on the Franklin River is named after him.





### Another Life

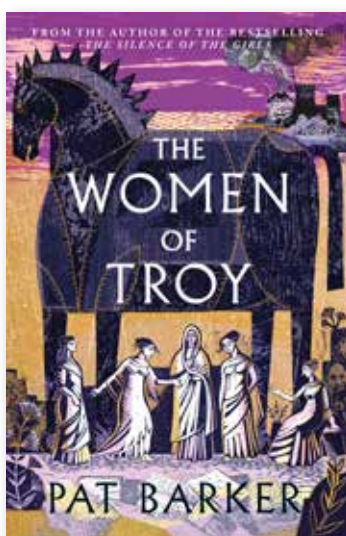
Jodie Chapman

Responsible, honourable Nick falls in love with passionate Jehovah's Witness Anna over the course of one hot summer.

When Anna's strict religion threatens to divide them, she must choose between love and family. But Nick is too scared to fight for Anna, and Anna walks away.

Years later, Anna is drawn back into Nick's life. Will Nick find the courage to ask her to stay, or lose her forever?

Trade paperback • R330 • 9780241456927 • April



### The Women of Troy

Pat Barker

Troy has fallen and the Greek victors are primed to return home, loaded with spoils. All they need is a good wind to lift their sails.

But the wind does not come. The gods are offended – the body of Priam lies desecrated, unburied – and so the victors remain in uneasy limbo. The coalition that held them together begins to fray.

Largely unnoticed by her squabbling captors, erstwhile queen Briseis remains in the Greek encampment. She forges alliances where she can and she begins to see the path to revenge...

Trade paperback • R330 • 9780241427248 • June



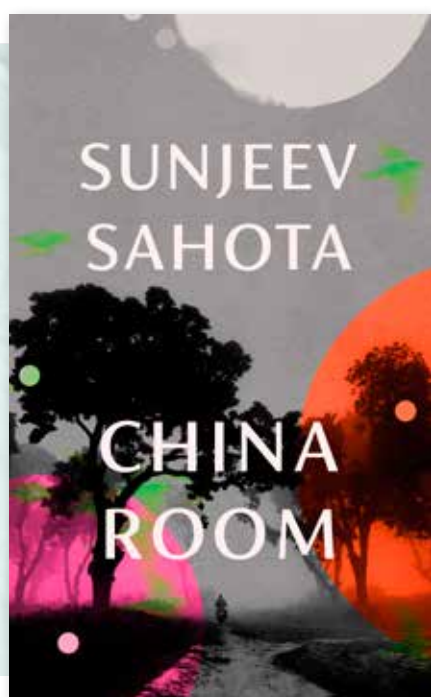
### How Do You Live?

Yoshino Genzaburo

The question of his place within this world suddenly confronts fifteen year-old Coper and he turns to his uncle for guidance.

In a heart-warming series of life lessons from the old to the young, Coper and his uncle navigate the vast elements that make up a fulfilled, happy life: from relationships and courage to bullying and grief. With the help of his uncle, Coper embarks on a journey of philosophical discovery and personal growth as he figures out what it really means to live well.

Hardcover • R330 • 9781846046452 • May



### China Room

Sunjeev Sahota

1929. At a farm in Punjab, northern India, three girls are married to three brothers in one ceremony. For weeks afterwards, segregated from the men in the 'china room', none of the girls is entirely sure which brother is hers. Mehar, the youngest of the three, is determined to find out, and while her efforts lead her into overwhelming love, her story of misplaced identity has tragic, horrifying consequences.

1999. A young man arrives in northern India from the UK to spend the summer with distant relatives. He spends weeks in solitude at the abandoned family farm, with its peeling paint and mysterious locked room.

Trade paperback • R330 • 9781911215868 • May



### At the Edge of the Desert Basil Lawrence

In the Namibian harbour town of Lüderitz, filmmaker Henry van Wyk must confront a childhood tragedy that has moulded his life.

Having returned to his birthplace in an attempt to get his career back on track, Henry struggles to complete a documentary he is working on.

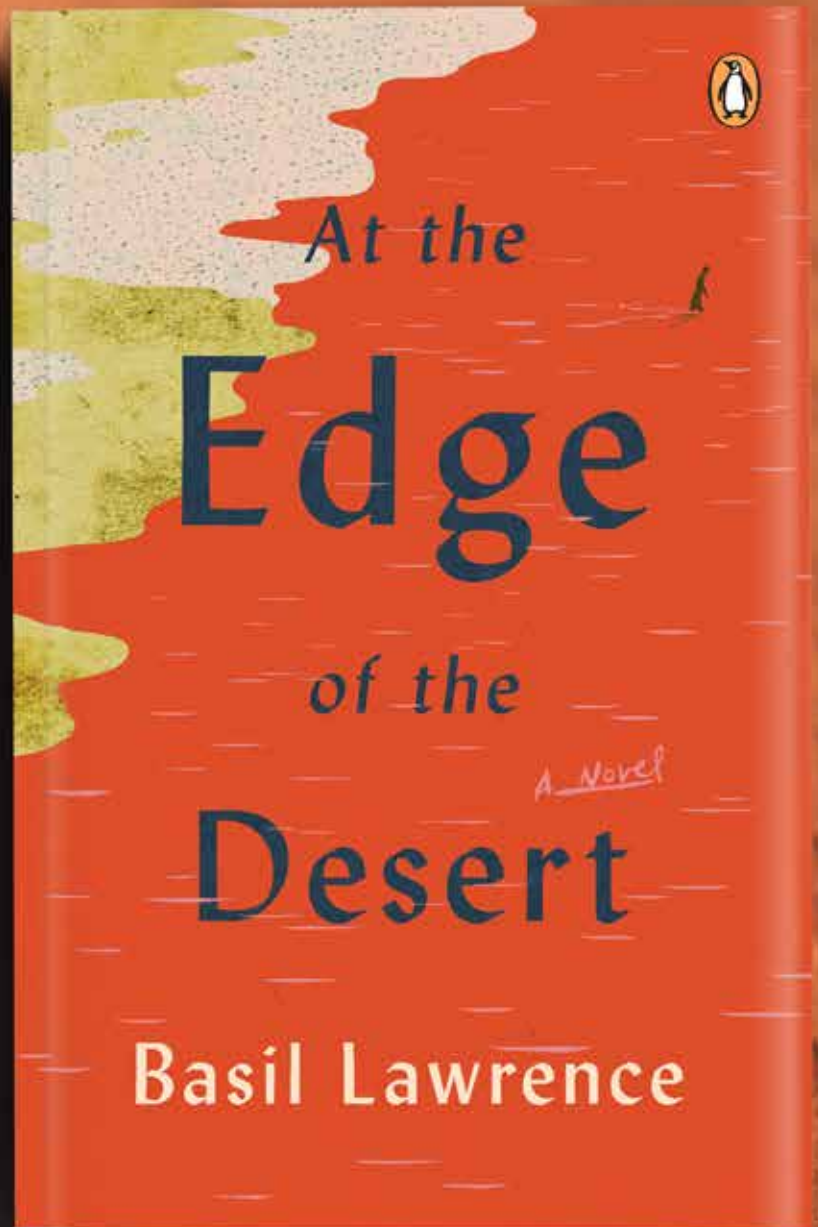
But the tranquil land hides a bloody history: Shark Island was once the site of a concentration camp, and a law firm is suing the German government for their role in the genocide of Namibia's indigenous people.

When Henry begins to interview the survivors' descendants, their testimonies compel him to search the desert for a mass grave.

*At the Edge of the Desert* is a meditation on loss, isolation and love, which asks us to consider the implications of telling someone else's story.

Softcover • R280 • 9781485904090 • January

Childhood tragedy and  
genocide confront a film  
maker in Namibia



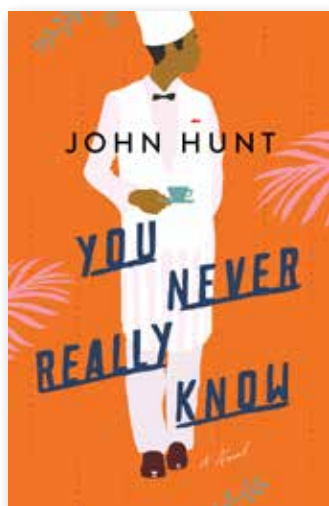
#### BASIL LAWRENCE

Basil Lawrence is the author of *Henry First*.

He won the Amstel Playwright of the Year Award for *Modern Eating Habits*.

After reading English at the University of the Witwatersrand, he obtained a masters in creative writing from Birkbeck, University of London. He lives in London.





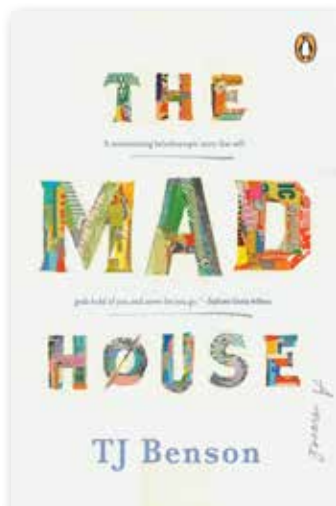
### You Never Really Know

John Hunt

Meet Cappuccino, a young man who's never lived anywhere else than the President's compound. His mom sadly died when he was little, leaving him in the care of Maria-I'm-not-your-mother. Cappuccino's life took a turn for the better when he was liberated – upskilled – to become the barista at the President's newly renovated abode. From behind his fancy chrome coffee machine, Cappuccino is a fly on a very important wall.

Hopelessly in love with Naomi, and caught up in the daily dramas, Cappuccino's life moves up a gear when he becomes the guy to walk in just after the Minister without Portfolio – and moral compass to Number One – kills himself in the Presidential home.

Softcover • R280 • 9781415210611 • February



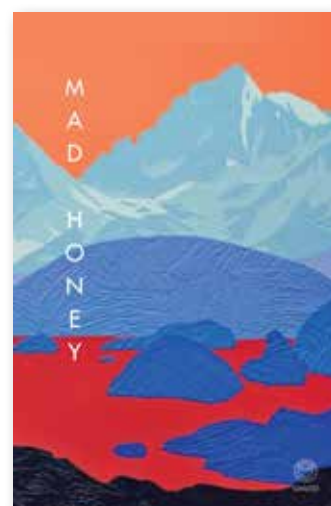
### The Madhouse

TJ Benson

The house at the end of Freetown Street in Nigeria's Sabon Gari was once a sanatorium for colonists deranged from the heat and insanity of the place. Now it is home to a family whose unorthodox lives unfold into legend: Sweet Mother, an artist, her husband Shariff, a writer and soldier, and their children André and Max.

From the moment his baby brother André is born, Max attaches himself to him, even dreaming the boy's homicidal dreams. When the wayward André later pulls free from the family to join a death cult, Max must decide how far he will be drawn into his brother's web.

Softcover • R280 • 9781485904151 • March



### Mad Honey

SJ Naudé

Following on from his multi award-winning first collection, *The Alphabet of Birds*, SJ Naudé's second collection of short stories disturbs, surprises and enthrals.

From South Africa to Iceland, rural Belgium and the Alps, the stories in *Mad Honey* radiate out to encompass the globe.

Softcover • R290 • 9781415210673 • March

Masterful short stories  
spanning the globe.

### Isle

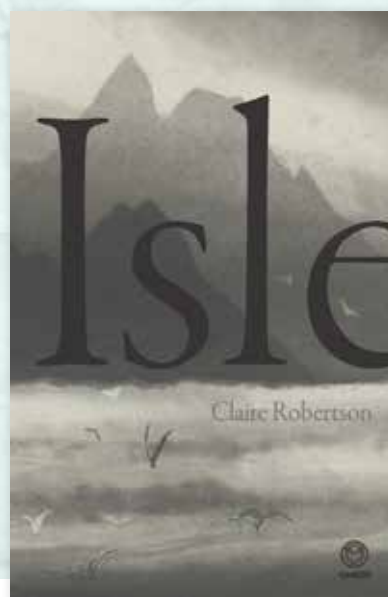
Claire Robertson

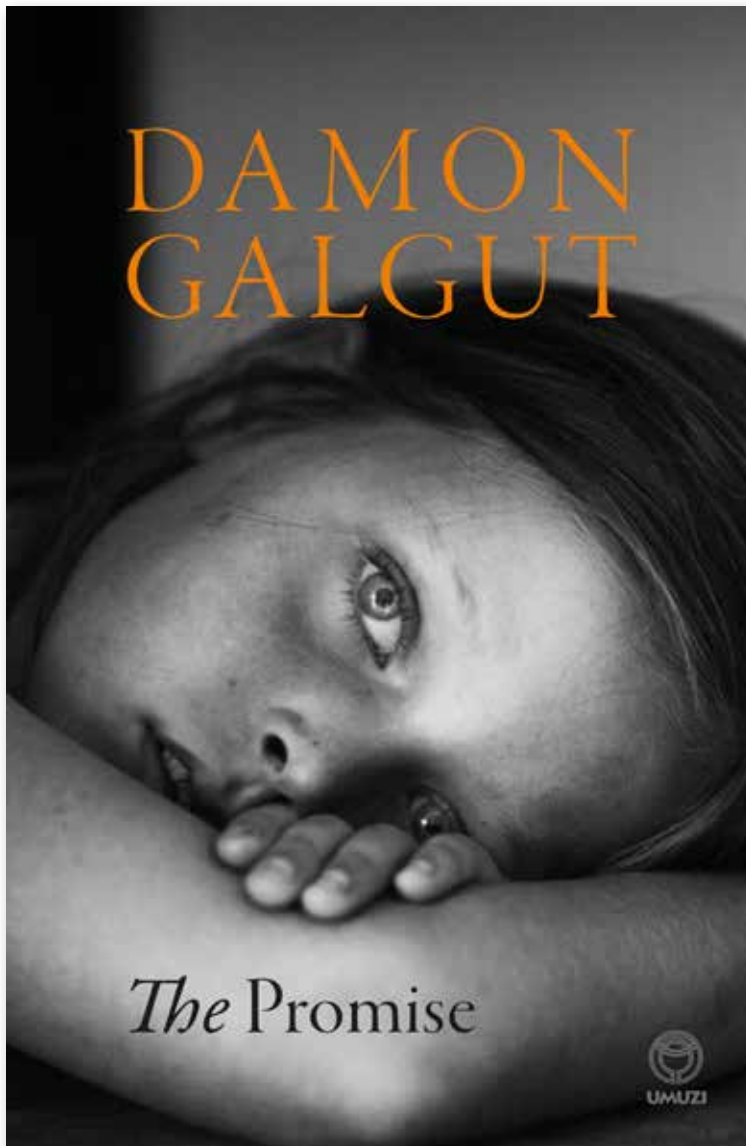
The year is 1289 and an injured young man washes up on an island of women. He is taken in by a sculptor who sees in him the perfect model for her Christ, although her real masterwork will be a larger-than-life Virgin. But the Church will come to reject this sisterhood of unmarried women on the island, and they are bound to lose their small freedoms.

Centuries later, a lieutenant is sent to an island to dispose of unexploded ordnance. As an erstwhile World War II flight nurse trained to evacuate wounded soldiers, she too has gazed upon, and been haunted by, the bodies of broken young men. For her, a fraught love affair with a local man will ignite, while his teenage daughter looks on.

Binding the lives – so different and so similar – of women separated by time and place, Claire Robertson's *Isle* is an all-encompassing rumination on privacy, inhibition and female desire, rendered in her masterful prose.

Softcover • R290 • 9781415210642 • March





### The Promise

Damon Galgut

*There is nothing unusual or remarkable about the Swart family, oh no, they resemble the family from the next farm and the one beyond that, just an ordinary bunch of white South Africans, and if you don't believe it then listen to us speak...*

The many voices of *The Promise* tell a story in four snapshots, each one centered on a family funeral, each one happening in a different decade. In the background, a different president is in power, and a different spirit hangs over the country, while in the foreground the family fights over what they call their farm, on a worthless piece of land outside Pretoria.

Over large jumps in time, people get older, faces and laws and lives all change, while a brother and sister circle around a promise made long ago, and never kept...

Softcover • R290 • 9781415210581 • May



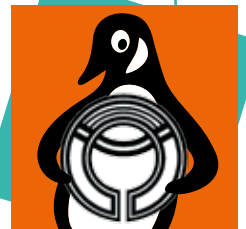
### DAMON GALGUT

Damon Galgut is a novelist whose work has been published in sixteen languages. He has twice been shortlisted for the Man Booker Prize and is a past winner of the Commonwealth Writers Prize. His most recent novel, *Arctic Summer*, was awarded the 2015 Sunday Times Fiction Prize, and two films were made of his book *The Quarry*. He lives and works in Cape Town.

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# afrikaanse fiksie

## Brandmerk

Christelle van Rooyen-Wessels

'n Kombers van boosheid daal neer oor 'n plattelandse dorp wanneer Portia Serape se vyfjarige dogtertjie gegryp word.

Nuus van die vermiste meisiekind bereik Klara Dean waar sy as maatskaplike werker by Veilige Hawe op die dorp in die Kalahari werk. Klara het die stukkie van haar lewe opgetel nadat sy en haar liefingseun David die wreedheid van haar eksman oorleef het. Nou het Klara 'n nuwe, liefdevolle man en 'n oulike vierjarige.

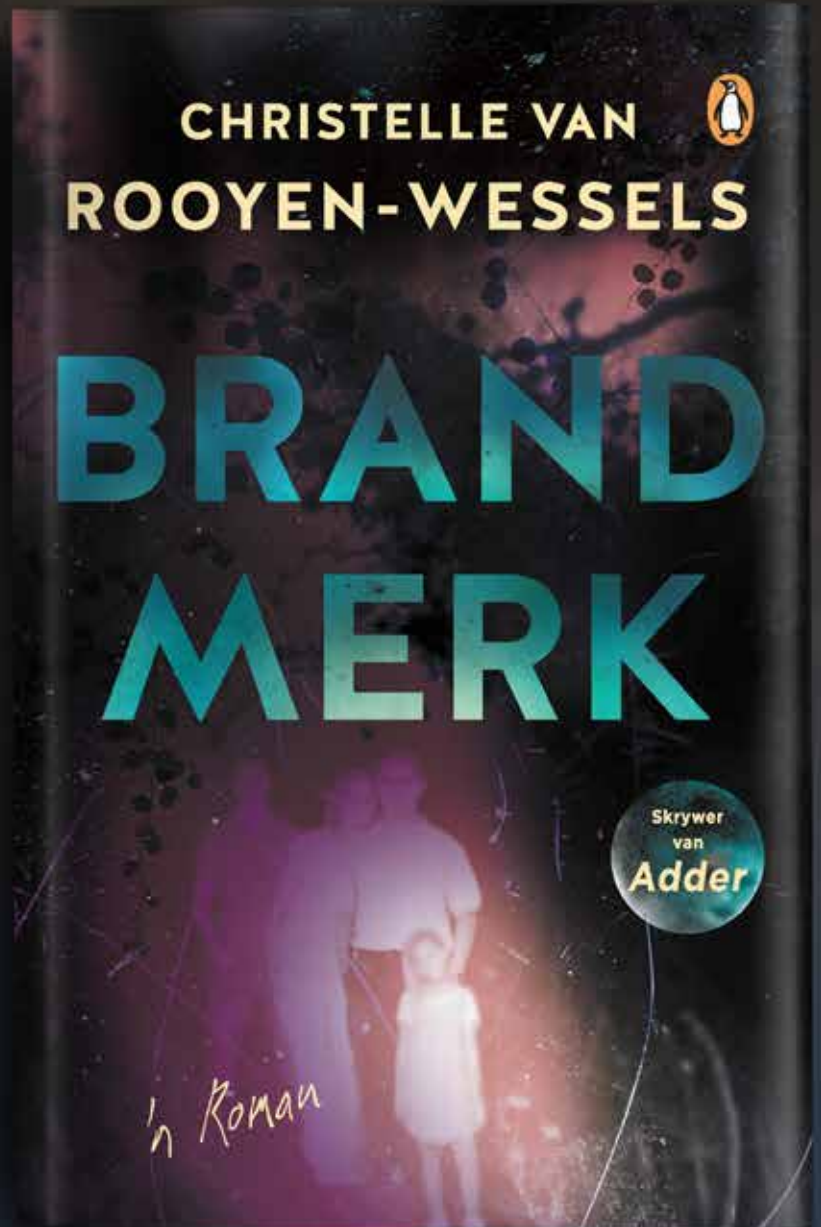
Maar die nuwe vlag onheil bedreig hul veiligheid, en hou kaptein Coghlan en die plaaslike polisie wakker tot diep in die nag.

Sagteband • R280 • 9781485904342 • Januarie

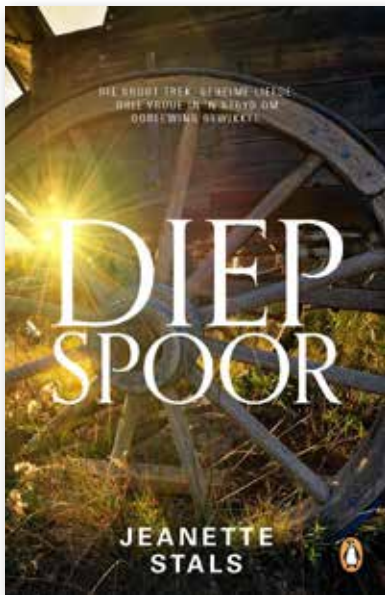
Ontvoering en moord  
in die Kalahari

## CHRISTELLE VAN ROOYEN-WESSELS

Christelle van Rooyen-Wessels is die skrywer van die riller *Adder*, wat vir 'n ATKV-Woordveertjie benoem is. Sy is op De Aar gebore en het daarna aan die Hoërskool Warrenton in die Noord-Kaap gematrikuleer. Christelle is tans die mediabestuurder van die Noordwes Koerantgroep. Sy woon aan die voet van die Magaliesberge in Rustenburg in Noordwes.







### Diep spoor Jeanette Stals

In die stormagtige jare voor en tydens die Groot Trek raak drie vroue se lewe vervleg in 'n stryd om voortbestaan.

Katrien en haar man, Stefaans, wou vir hulle 'n lewe op 'n plaas op die Oosgrens maak. Maar toe teëspoed hulle tref, word hulle deel van Hendrik Potgieter se trek na die binneland.

Dina, 'n slavin en Katrien se grootste vertroueling, trek saam, haar liefde vir Stefaans 'n geheim wat sy ten alle koste moet bewaak.

Thabisa is deur haar man verwerp. Ook sy is deel van Katrien se kring. Wanneer Stefaans by Piet Retief se noodlottige afvaardiging na Dingaan aansluit, onthou sy opnuut die onreg wat sy voorganger, Shaka, haar familie aangedoen het.

Sagteband • R280 • 9781485904007 • Februarie



### Dol heuning SJ Naudé

Ná die veelbekroonde *Alfabet van die voëls*, publiseer SJ Naudé 'n tweede bundel kortverhale wat ontstel, verras, en boweal bekoor.

Die verhale in *Dol heuning* kring soos breedtegrade om 'n aardbol uit – van Suid-Afrika na Ysland, die Belgiese platteland en die Italiaanse Alpe.

Sagteband • R290 • 9781415210796 • Maart



### Dinge van 'n hond S.P. Benjamin

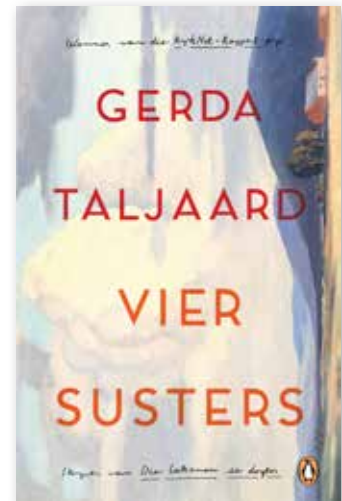
Aan die einde van elke jaar word daar op Gatlek, Dawid Fourie se plaas, feesgevier. 'n Soort danksegging, kan jy sê. Dawid beloon sy werkers vir hul harde werk, en hulle betoon hul dankbaarheid op 'n manier waaroor daar ná die tyd nie veel uitgewei word nie.

Dit was tydens die nag van die laaste groot vleisbraai dat dinge vir Dawid en Gatlek begin skeefloop het.

Jan-Vlok, Dawid se seun, sit nou verbitterd sonder 'n erfplaas. Sy pa swyg oor Gatlek terwyl hy sy dae vul met grafstene maak in sy agterplaas. Totdat sy mal oom Outa oor die verlede begin praat en niemand hom meer kan ignoreer nie.

Maar wat het werklik daardie aand op Gatlek gebeur?

Sagteband • R280 • 9781485903314 • April



### Vier susters Gerda Taljaard

Op Broedersdraai tree vier susters aan vir 'n stille skermutseling. Dit is 1945. In Europa woed die Tweede Wêreldoorlog; in Suid-Afrika die stryd tussen Sap en Nat, tussen die Rooilissies en die Ossewabrandwag.

Ivy, die jongste, smag na 'n onbevange lewe, 'n ander werklikheid waarin haar liefde vir 'n vrou aanvaarbaar sal wees. Sy skaar haar by die Stormjagers wat Smuts en sy oorlog in die wiele probeer ry.

Sophië staan by die regering; haar eggenoot se ambisie en loopbaan hang daarvan af. Beatrice hunker na haar man, al het sy hom doodgewens.

Terwyl elkeen die struwing van die tyd aan eie lyf ervaar, is dit Kietie wat verder as haar drie susters sien.

Maar dit is die koms van Domenico Valente, 'n Italiaanse krygsgevangene, wat die spanning op die spits dryf.

Sagteband • R290 • 9781485904700 • Mei

# non-fiction

## POPULAR PSYCHOLOGY

### **Beyond Order: 12 More Rules for Life** Jordan B. Peterson

In this long-awaited sequel to *12 Rules for Life*, Peterson goes further, showing that part of life's meaning comes from reaching out into the domain beyond what we know, and adapting to an ever-transforming world. While an excess of chaos threatens us with uncertainty, an excess of order leads to a lack of curiosity and creative vitality. *Beyond Order* therefore calls on us to balance the two fundamental principles of reality - order and chaos - and reveals the profound meaning that can be found on the path that divides them.

Trade paperback • R340 • 9780241407639 • March

The highly anticipated sequel  
to *12 Rules for Life*, which  
has sold over 5 million copies  
around the world

JORDAN B.  
PETERSON

## BEYOND ORDER

12 MORE RULES FOR LIFE

'The most influential public intellectual  
in the Western world right now'  
THE NEW YORK TIMES

allen lane



### Jordan B. Peterson in numbers



The Jordan B Peterson Podcast, with over 100 episodes, has attracted close to a million listeners per episode, with over 55,000,000 downloads



[jordan.b.peterson](#)  
on Instagram has over  
1,300,000 followers



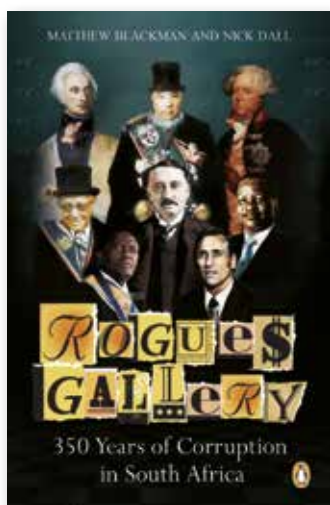
Dr. Jordan B. Peterson,  
on Facebook, has over  
860,000 followers  
and 720,000 likes



[@jordanbpeterson](#)  
on Twitter, has over  
1.4 million followers



## HISTORY &amp; POLITICS



**Rogues' Gallery**  
Nick Dall & Matthew Blackman

If you think corruption in South Africa began with the arms deal and Zuma, or even with apartheid, think again. *Rogues' Gallery* tells the story of some of the biggest skelms to grace our (un)fair shores and shows that dodgy dealings have been a feature of the country throughout history.

*Rogues' Gallery* busts the myth that the Zuptas were the first to capture the South African state, showing that corruption has always been around – and that the tricks people play haven't changed a jot.

Trade paperback • R290 • 9781776095902 • March



**Uncaptured**  
Mosilo Mothepu

In March 2016, Mosilo Mothepu was appointed CEO of Trillian Financial Advisory, a subsidiary of Gupta-linked Trillian Capital Partners. Three months later, suffering from depression and insomnia, she resigned with no other job lined up.

In October 2016, a written statement handed to Public Protector Thuli Madonsela detailing Trillian's involvement in state capture was leaked to the media.

This is the first behind-the-scenes book on Gupta-linked Trillian's involvement in state capture, by the woman who was actually in the room and later blew the whistle.

Softcover • R290 • 9781776095704 • April



**1986**  
William Dickey

1986 was a pivotal year in South African history. It was the year of the vigilante, the year of the necklace – but also the year the talking began.

Drawing on newspaper articles, memoirs, and little-known histories, William Dickey presents a compelling diary of a very bad year.

Written in crisp prose, *1986* is a model of historical excavation, deftly evoking the spirit of the times.

Trade paperback • R280 • 9781415210529 • January

**Land Matters**  
Tembeka Ngcukaitobi

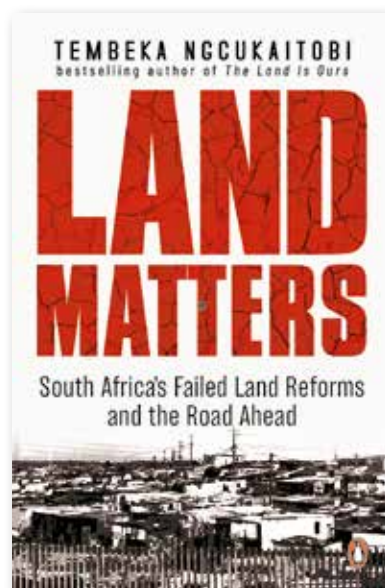
Why has land reform been such a failure in South Africa? Will expropriation without compensation solve the problem? What can be done to get the land programme back on track?

In his new book, Tembeka Ngcukaitobi tackles these questions, and more. Going back in history, he shows how Africans' communal land ownership was used by colonial rulers to deny that Africans owned the land at all. He explores the effect of the Land Acts, Bantustans and forced removals. And he considers the ANC's policies on land throughout the twentieth century, during the negotiations of the 1990s, and in government.

*Land Matters* unpacks developments in land redistribution, restitution and tenure reform, and makes suggestions for what needs to be done in future.

Thoughtful and provocative, *Land Matters* sheds light on one of the most complex questions in South Africa today.

Softcover • R280 • 9781776095964 • April



## HISTORY & POLITICS continued...

### The Battle of Bangui

Warren Thompson, Stephan Hofstatter and James Oatway

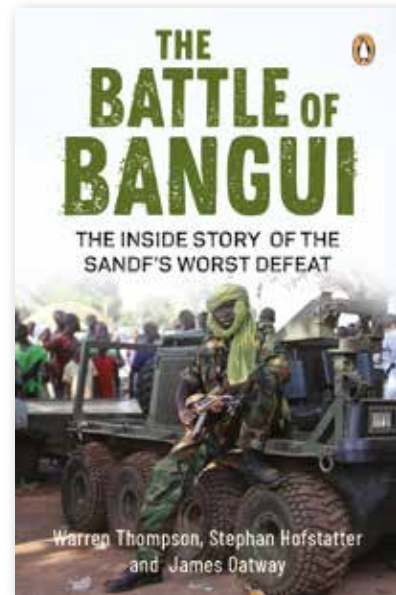
In March 2013, South Africa suffered its worst military defeat since the end of apartheid. In a battle that lasted 13 hours, 200 crack troops who engaged 7 000 rebels in the Central African Republic were forced to surrender at their base with the loss of 15 lives.

The mission was shrouded in mystery from the start.

After close to a decade of speculation and rumour, *The Battle of Bangui* lays bare for the first time both the litany of strategic, tactical and logistical blunders that ended in military disaster, and the secret diplomatic and commercial deals that led to South Africa's worst foreign misadventure of the democratic era.

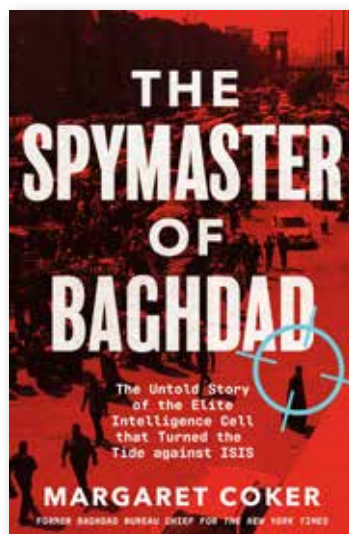
Softcover • R320 • 9781776094738 • February

A cracking war story filled with heroism, camaraderie, terror, pathos and triumph over adversity.



### MARGARET COKER

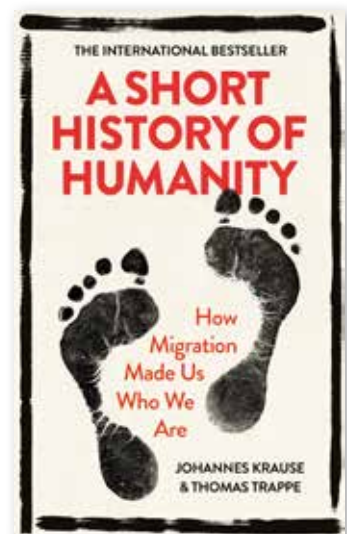
Margaret Coker is an investigative journalist. She has lived and worked in Iraq and the wider Middle East since 2003. An ex-Baghdad Bureau Chief for the *New York Times*, she honed her reporting skills at *The Wall Street Journal* where she was a finalist for the Pulitzer Prize as part of a team chronicling Turkey's failed coup, political purges and teetering democracy. Her coverage of national security issues won the Overseas Press Club Award and the Edwin M. Hood Prize from the National Press Club, America's top prize for diplomatic reporting. This is her first book.



### The Spymaster of Baghdad Margaret Coker

The gripping story of the Falcons: the top-secret Iraqi intelligence unit that infiltrated the Islamic State. Against the backdrop of the most brutal conflict of recent decades, we chart the spymaster's struggle to develop the unit; follow the fraught relationship of two of his agents, the Sudani brothers – one undercover in ISIS, the other his handler – and track a disillusioned scientist as she turns bomb-maker. A pageturning story of unlikely heroes, unbelievable courage and good old-fashioned spycraft.

Trade paperback • R360 • 9780241409107 • March

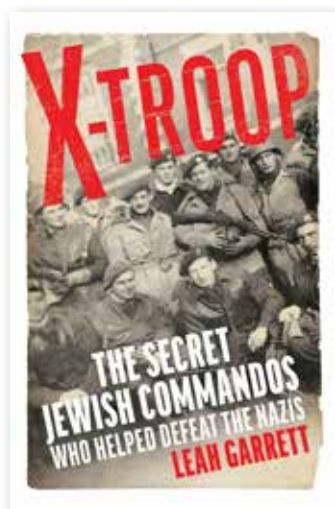


### A Short History of Humanity Johannes Krause & Thomas Trappe

An international bestseller, covering 2 million years of human history in 250 pages, which proves that migration has always been essential to our survival.

Trade paperback • R340 • 9780753554951 • April



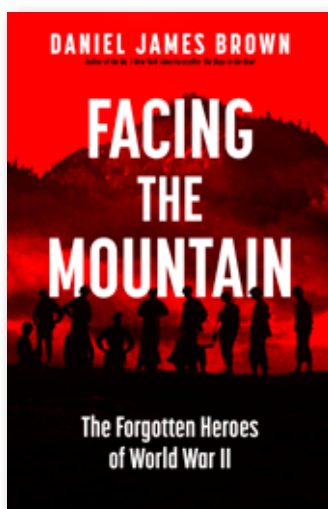


**X-Troop**  
**Leah Garrett**

During WW2, a group of Jewish refugees escaped to Britain and were interned as 'enemy aliens'. In 1942, they were selected and trained to form a special unit of commandos who would be sent back into Europe to play a significant role in the final battles against the Nazis.

Based on original archival research, interviews and a cache of newly discovered sources, this is a book brimming with camaraderie, heroism and high-octane storytelling.

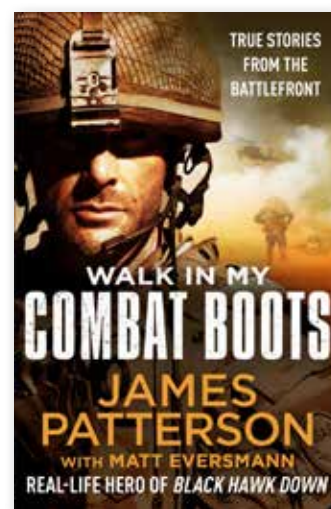
Trade paperback • R360 • 9781784743123 • June



**Facing the Mountain**  
**Daniel James Brown**

An unforgettable chronicle of war-time heroes and the brutal battlefields of Europe. Based on Daniel James Brown's extensive interviews with the families of the protagonists as well as deep archival research, the book focuses on four Japanese-American families and their sons who volunteered for 442nd Regimental Combat Team and displayed fierce courage in France, Germany, and Italy.

Trade paperback • R360 • 9780241356593 • June



**Walk in My Combat Boots**  
**James Patterson & Matt Eversmann**

Written with Matt Eversmann, the decorated war hero immortalised in the film *Black Hawk Down*, James Patterson brings us firsthand wartime experiences of life on the battlefield.

Trade paperback • R360 • 9781529135312 • February

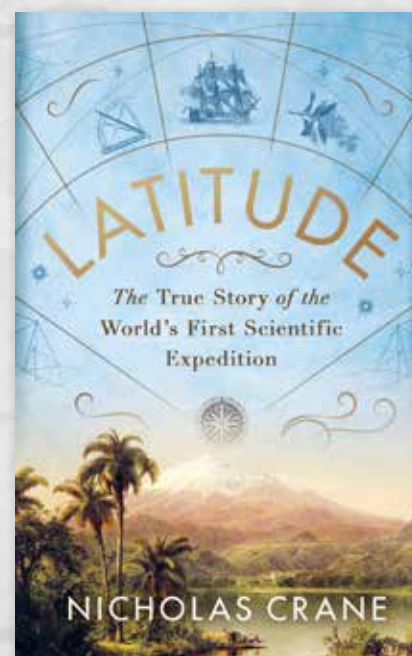
**Latitude**  
**Nicholas Crane**

By knowing the shape of our earth we can create maps, survive the oceans, follow rivers, navigate the skies, and travel across the globe. This is the story of our world, of how we discovered what no one thought possible - the shape of the earth.

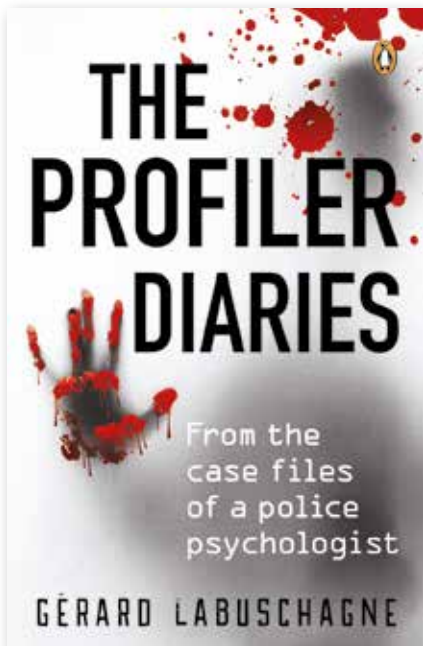
A thrilling and page-turning account of the first major expedition by data gatherers and qualified observers to interior Peru, to discover the shape and magnitude of the earth.

Trade paperback • R360 • 9780241478356 • June

**The True Story of the World's First Scientific Expedition**



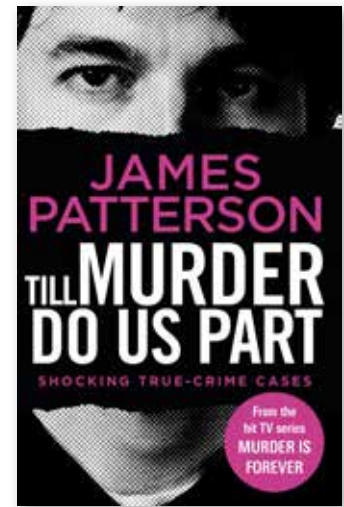
## TRUE CRIME


**The Profiler Diaries**  
 Gérard Labuschagne

In this ripping yarn, former South African Police Service (SAPS) head profiler Dr Gérard Labuschagne, successor to the legendary Micki Pistorius, recalls some of the 110 murders and countless other bizarre crimes he analysed during his career. From cases of cannibalism, terrorism and murder to rape and paedophilia, Labuschagne saw it all in his fourteen and a half years at the SAPS.

*The Profiler Diaries* is a fascinating glimpse into what it was like to be a profiler in the world's busiest profiling unit.

Softcover • R290 • 9781776095827 • March


**Till Murder Do Us Part**  
 James Patterson

From the hit TV series *Murder is Forever* come two true-crime stories where the bonds of matrimony and love can tear you brutally apart.

Paperback • R195 • 9781787465848 • January

# JAMES PATTERSON

THE WORLD'S BESTSELLING THRILLER WRITER

James Patterson is the world's bestselling author and most trusted storyteller. He has created many enduring fictional characters and series, including Alex Cross, the Women's Murder Club, Michael Bennett, Maximum Ride, Middle School, and I Funny.

Among his notable literary collaborations are *The President Is Missing*, with President Bill Clinton, and the Max Einstein series, produced in partnership with the Albert Einstein Estate. Patterson's writing career is characterised by a single mission: to prove that there is no such thing as a person who "doesn't like to read," only people who haven't found the right book. He's given over three million books to schoolkids and the military, donated more than seventy million dollars to support education, and endowed over five thousand college scholarships for teachers. The National Book Foundation recently presented Patterson with the Literarian Award for Outstanding Service to the American Literary Community, and he is also the recipient of an Edgar Award and six Emmy Awards. He lives in Florida with his family.

VISIT [WWW.JAMESPATTERSON.COM](http://WWW.JAMESPATTERSON.COM)  
FOR MORE INFORMATION


**James Patterson**  
 in numbers

## 270

the amount of books written under his name

## 320 million

is how many of his books have been sold

## 1 out of every 17

hardcovers sold account for Patterson's novels in the US

## 3 million

the number of books he's donated to schoolkids and the military



## SELF-HELP &amp; PERSONAL DEVELOPMENT



### Living While Black

Guilaine Kinouani

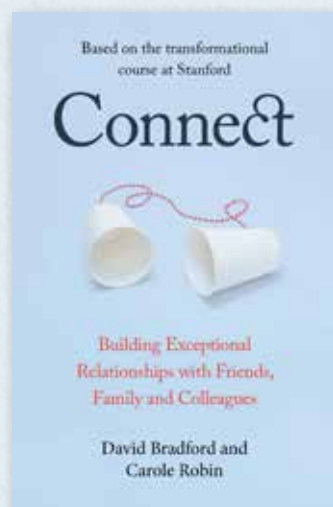
Over the past 15 years, anti-racist psychologist Guilaine Kinouani has contributed writing and run workshops on how racism affects both physical and mental health. Based on her findings, she has devised tried and tested psychological strategies.

Her mission is to help thousands to find peace with this book.

*Living While Black* gives voice to the diverse experiences of Black people around the world and uses case studies and exclusive research to offer expert guidance.

Trade paperback • R360 • 9781529109436 • March

A powerful guide to the psychology of race and how to overcome racial trauma using self-care

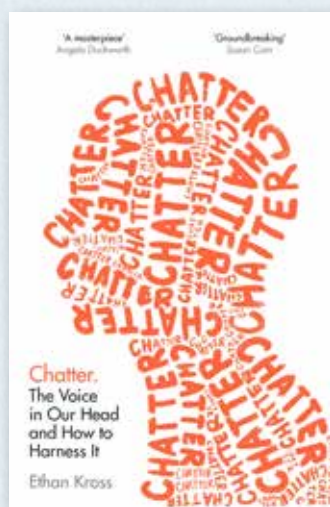


### Connect

David L Bradford & Carole Robin

Often described as transformational, 'Interpersonal Dynamics' has been the most popular elective course on the Stanford Graduate School of Business MBA for forty-five years. Distilled into a book for the first time, Dr David L. Bradford and Dr Carole Robin use seventy-five years of their teaching on the course to explain how to build more powerful and satisfying relationships with colleagues, partners and friends.

Trade paperback • R320 • 9780241406816 • March



### Chatter

Ethan Kross

We all have a voice in our head. We tune into its endless chatter to look for guidance, ideas and wisdom. Except sometimes, this voice leads us down a rabbit hole of negative self-talk and endless rumination.

In *Chatter*, Kross interweaves cutting-edge science with real-world case studies to explain how these inner conversations shape our work and relationships. Then he reveals the tools you need to harness your own voice so that you can be happier, healthier and more productive.

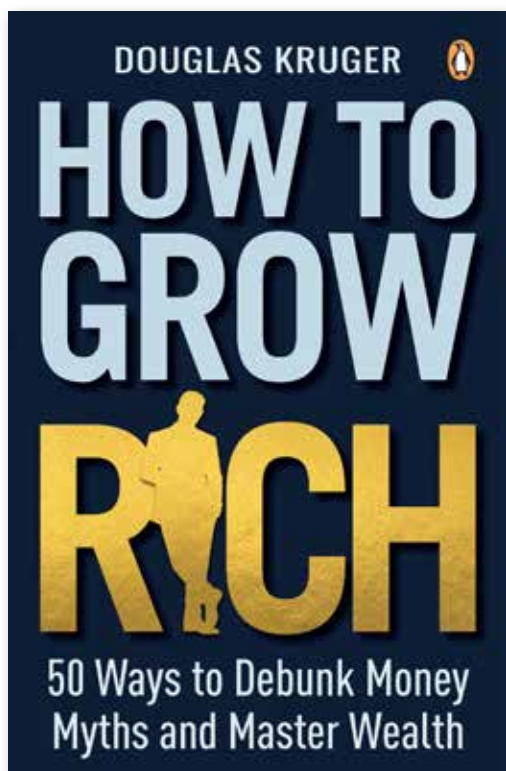
Trade paperback • R320 • 9781785041952 • February



### ETHAN KROSS

Ethan Kross PhD is one of the world's leading experts on controlling the conscious mind. An award-winning professor at the University of Michigan and Ross School of Business, he is the director of the Emotion & Self Control Laboratory. He has participated in policy discussion at the White House, and has been interviewed about his work on Good Morning America and NPR Morning Edition. His pioneering research has been featured in the *New York Times*, *New Yorker* and *New England Journal of Medicine and Science*. He completed his BA at the University of Pennsylvania, and his PhD at Columbia University.

## BUSINESS &amp; ECONOMICS

**How To Grow Rich****Douglas Kruger**

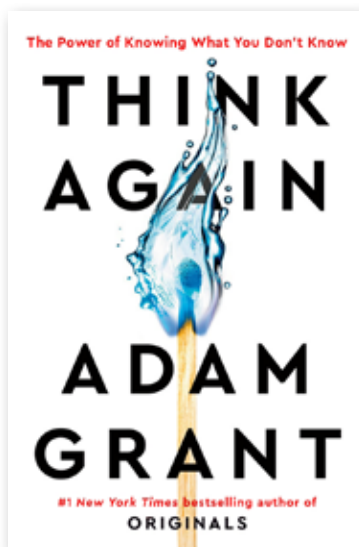
Few topics are more contentious than money. Yet when weighed against empirical data, most of us would be amazed to discover how embarrassingly wrong our assumptions are, and how badly they have impaired our capacity for growth. Wealth is intimately linked to belief systems, and that presents us with choices. Which ones lead to prosperity, and which, predictably, cause ruin? After a century of trial and error, the answers are clear, and they are fascinating. And they are in this book.

*How to Grow Rich* identifies every bad idea about wealth and explains why we don't have to accept them, and how each one of us can overcome these thought hurdles in order to prosper and grow rich. Start by getting the thinking right, and the money will follow.

Softcover • R250 • 9781776095681 • January

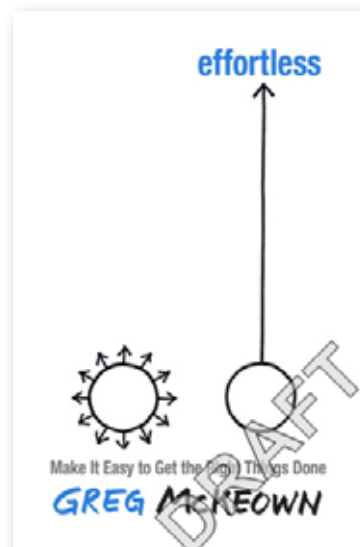
**50 Ways to Debunk Money Myths  
and Master Wealth**
**ADAM GRANT**

Adam Grant is an organizational psychologist and TED speaker who helps people find meaning and motivation at work. Adam Grant has been Wharton's top-rated professor for 7 straight years. As an organisational psychologist, he is a leading expert on how we can find motivation and meaning, and live more generous and creative lives. He has been recognised as one of the world's 10 most influential management thinkers and Fortune's 40 under 40.

**Think Again****Adam Grant**

Bestselling author and TED podcast star, Adam Grant examines the critical art of rethinking – how questioning your beliefs and knowing what you don't know can lead you to success at work and happiness at home.

Trade paperback • R360 • 9780753553893 • February

**Effortless****Greg McKeown**

The intricacy of modern life has created a false dichotomy between things that are 'hard and important,' and those that are 'easy and trivial.' But, McKeown says, there is a third alternative. In *Effortless*, he offers practical strategies for making the most essential tasks the easiest ones.

Trade paperback • R360 • 9780753558379 • May



# BECOMING WEALTH WISE

Sometimes, avoiding a costly impulse buy starts with making the decision not to, before the option even comes up, as Douglas Kruger discusses in this extract taken from his hard-hitting new book, *How to Grow Rich: 50 Ways to Debunk Money Myths and Master Wealth*.



"Do not be fooled by the Mercedes in the driveway. The rich typically live surprisingly frugally, more so than most poor or middle-class people tend to credit.

It is very easy to see the mansion, the car, the constant overseas travel – and to conclude that wealthy people live lavish and wasteful lifestyles. The reality is this: if the people observed have been living that way for more than five years, they are almost certainly living well beneath their means.

Insights into how wealthy people live tend to come as a surprise to those on the outside. For instance, the wealthy tend to make greater use of coupons and sales than do the poor and middle class. They also make their money go further by buying in bulk rather than piecemeal. We tend to think they do not have to. And yet, by and large, they choose to.

It is extremely typical of the rich to ask for better rates on contracts, for lower prices on purchases and for better terms on bills. The rich are rich because they know how to keep their money, not how to spend it.

It is generally only the middle class who will overextend themselves to pay for an expensive car. When the rich buy cars, even luxury ones, they tend to buy far fewer than they can actually afford. I recall the first money advice I ever received from a wealthy person, and it had to do with cars: 'If you can't afford it easily, you can't afford it.' That is a good heuristic.

And so, let me put this challenge to you, and ask you to answer it for yourself: Which potential purchase could one day ruin your wealth potential? Where is your danger zone for overspend? What tempts you?

If you are wise about wealth-building, you will not allow your own potential weak point to become the thing that keeps you poor. Here you can benefit from the idea of the preloaded decision. Preloaded decisions help you to make good choices in advance, rather than making emotional choices in the heat of the moment.

So, viewing the problem today, what might you set in place now to stop yourself from indulging in impoverishing behaviour later?

Let us assume it is that car for you. You know that the second you can afford a good one, you will strain every financial limb in your body and reach beyond reasonable limits for that shiny impoverisher. How about if you set non-negotiable terms for yourself today, such as, 'Until I can afford a car twice as expensive, I am not going to buy that one'?

I won't prescribe specific preloaded decisions for you. But I encourage you to structure them for yourself, and to do it now. At the critical juncture of early wealth-building, this one wise call could mean the difference between your ultimate prosperity and your descent back into poverty.

While we're at it, here is another challenge: scour through your current lifestyle and look for five ways you could live more frugally.

Do not stop until you have found at least five. Not only will this put more money in your account (those small amounts add up over time), but it represents a new habit of the wealthy implemented directly into your life. Most importantly, it is a sign and commitment to yourself that you are now choosing to live strategically."

Extracted from *How to Grow Rich*

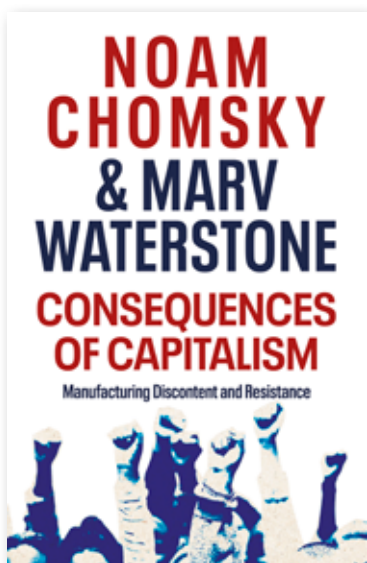
## CONNECT WITH DOUGLAS KRUGER



[www.douglaskruger.com](http://www.douglaskruger.com)

<https://www.youtube.com/user/DouglasKruger1>

## BUSINESS &amp; ECONOMICS continued...



**Consequences of Capitalism**  
Noam Chomsky & Marv Waterstone

How does politics shape our world, our lives and our perceptions? How much of 'common sense' is actually driven by the ruling classes' needs and interests? And how are we to challenge the capitalist structures that now threaten all life on the planet?

*Consequences of Capitalism* exposes the deep, often unseen connections between neoliberal 'common sense' and structural power.

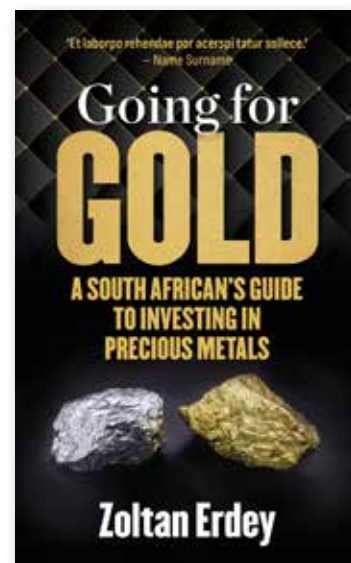
Trade paperback • R360 • 9780241482612 • May



**The Fail-Safe Startup**  
Tom Eisenmann

Why do most startups fail? Eisenmann has focused his research, and his MBA class at Harvard University, on the mistakes and missteps of entrepreneurs and founders for the past decade. For the first time, he reveals his findings, and – most importantly – how you can avoid them. Drawing on case studies from startups from around the world, *The Fail-Safe Startup* reveals how to analyse others' failure to ensure your success.

Trade paperback • R360 • 9780241420171 • April



**Going for Gold**  
Zoltan Erdey

Do you want to build your wealth and secure your financial future? Do you want to ensure that inflation does not eat away at everything that you have worked so hard for? Do you want to own wealth outside of the paper financial system? If your answer to these three questions is yes, then you need to own real money. You want to own gold and silver, as without them, your wealth is only worth the value of the ink and the paper on which it is printed.

This book speaks directly to the South African investor and declutters the vast amounts of information available about precious metals.

Softcover • R180 • 9781776096176 • March



## Welcome to The Waddle!

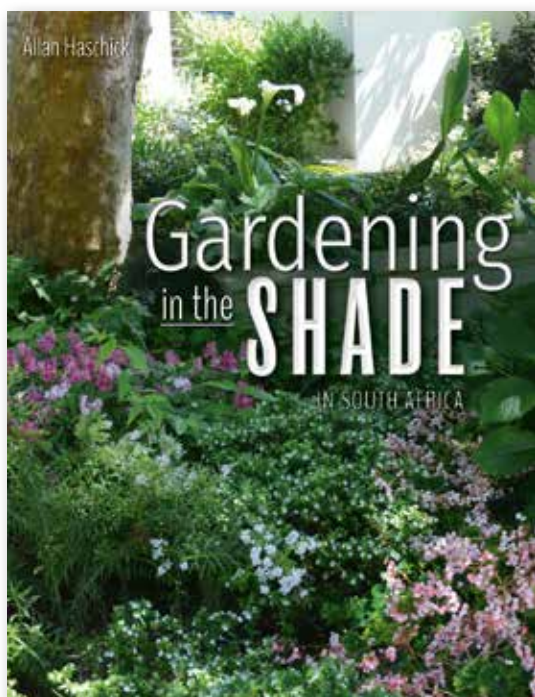
The only thing we love more than reading our books is talking about them – who's in them, what's in them and what's going on around them.

Pop in often, there's always something new to enjoy:

[www.penguinrandomhouse.co.za/penguinbooksblog](http://www.penguinrandomhouse.co.za/penguinbooksblog)



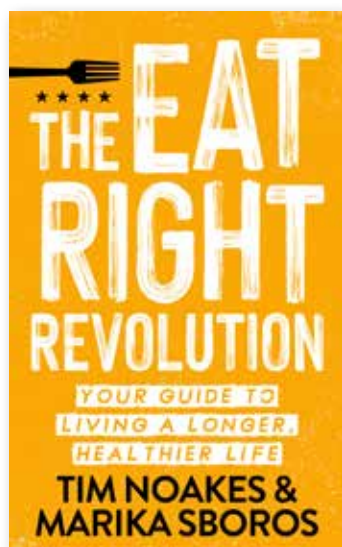
## HEALTH &amp; LIFESTYLE

**Gardening in the Shade****Allan Haschick**

Most gardens have shady spots, but some gardens have a real shade 'problem'. Finding the best plants for a shady area can be challenging, particularly if the rest of your garden basks in sunshine all year round.

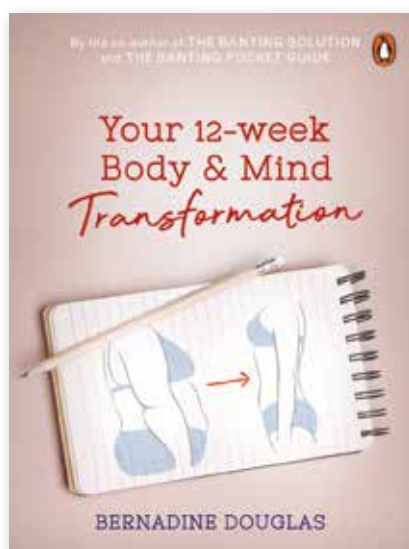
*Gardening in the Shade* examines the different types of shade and the effect it has on plant growth. Popular shade plants, like clivias, bromeliads, fuchsias and ferns are given special features, and a directory of species lists plants under headings like ground covers, tropical-looking perennials, and succulents.

Softcover • R200 • 9781432309909 • January

**The Eat Right Revolution**  
**Tim Noakes & Marika Sboros**

*The Eat Right Revolution* sets out a quick, safe, cheap and effective investment you can make for lifelong health in body and mind. It exposes the root causes of chronic, life-threatening comorbidities, such as obesity, type-2 diabetes, heart disease and more, and explains why LCHF and ketogenic diets can be safer, more effective solutions than drugs to beat these diseases.

Softcover • R160 • 9781776096190 • March

**Your 12-week Body & Mind Transformation**  
**Bernadine Douglas**

The weight-loss book that will change how women look and the way they feel about themselves. Lose belly fat, stop yo-yo dieting and overcome emotional eating!

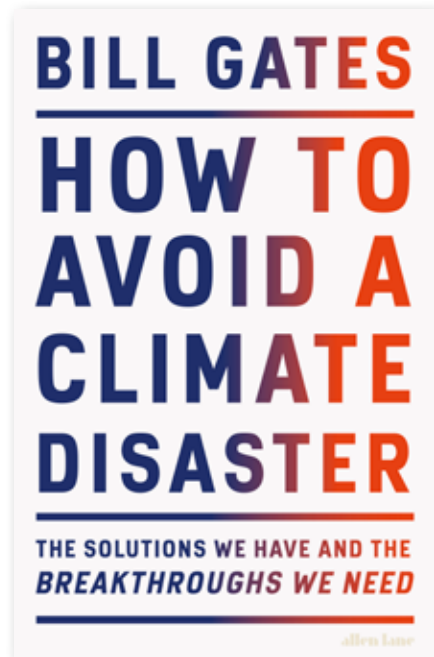
Softcover • R190 • 9781776095926 • May

**BERNADINE DOUGLAS**

Bernadine Douglas is the founder of the Slender Slim 4 U Banting Clinics group. Bernadine offers clients support and advice online through social media and personal consultations. She has completed her diploma in personal nutrition and is currently busy with her nutritional therapist diploma.



## GENERAL



## How to Avoid a Climate Disaster

Bill Gates

Bill Gates has spent a decade investigating the causes and effects of climate change. With the help of experts in the fields of physics, chemistry, biology, engineering, political science, and finance, he has focused on what must be done in order to stop the planet's slide toward certain environmental disaster. In this book, he not only explains why we need to work toward net-zero emissions of greenhouse gases, but also details what we need to do to achieve this profoundly important goal.

Hardcover • R480 • 9780241448304 • March



## HARUKI MURAKAMI

Haruki Murakami was born in Kyoto, Japan, in 1949. He grew up in Kobe and then moved to Tokyo, where he attended Waseda University. After college, Murakami opened a small jazz bar, which he and his wife ran for seven years.

His first novel, *Hear the Wind Sing*, won the Gunzou Literature Prize for budding writers in 1979. He followed this success with two sequels, *Pinball, 1973* and *A Wild Sheep Chase*, which all together form "The Trilogy of the Rat."

Murakami has also written several works of non-fiction. After the Hanshin earthquake and the Tokyo subway sarin gas attack in 1995, he interviewed surviving victims, as well as members of the religious cult responsible. From these interviews, he published two nonfiction books in Japan, which were selectively combined to form *Underground*. He also wrote a series of personal essays on running, entitled *What I Talk About When I Talk About Running*.

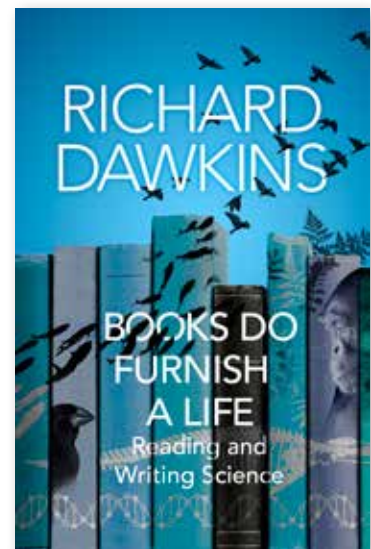


## First Person Singular

Haruki Murakami

The eight masterly stories in this new collection are all told in the first person by a classic Murakami narrator. From nostalgic memories of youth, meditations on music, and an ardent love of baseball to dreamlike scenarios and invented jazz albums, together these stories challenge the boundaries between our minds and the exterior world. Occasionally, a narrator who may or may not be Murakami himself is present. Is it memoir or fiction? The reader decides.

Hardcover • R410 • 9781787302600 • April



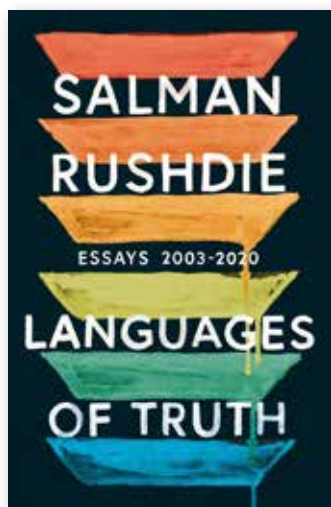
## Books do Furnish a Life

Richard Dawkins

A new anthology of the internationally best-selling science writer's work, bringing together his writing about some of the most important science literature of our age to explore its key themes. Includes exclusive new commentary and conversation with other great science thinkers of our time.

Trade paperback • R360 • 9781787633698 • May





**Languages of Truth**  
**Salman Rushdie**

*Languages of Truth* offers Salman Rushdie's most piercingly analytical views yet on the evolution of literature and culture even as he takes us deep into his own exuberant and fearless imagination.

Trade paperback • R360 • 9781787331945 • June



**The Social Instinct**  
**Nichola Raihani**

Exploring evolution, animal behaviour and human psychology, *The Social Instinct* reveals how and why cooperation has shaped and defined humankind – and what happens when it goes wrong. The first book by a brilliant evolutionary biologist, drawing on decades of research in the field.

Trade paperback • R360 • 9781787332058 • June



**Blues for the White Man**  
**Fred de Vries**

*Blues for the White Man* is the effort of a white middle-class music fan to understand black culture, black politics, and, eventually, black pain. From South Africa, where the author covers a student uprising, racism and plaasmoorde, he travels to famous places in America's Deep South, including Atlanta, Memphis, Nashville, New Orleans, and the cradle of the blues, the Mississippi Delta. Using sound and song as a key to understanding white fear and black anger, the book draws historical parallels between South Africa and the Deep South: colonialism, slavery, racism, civil war, apartheid and black 'liberation'.

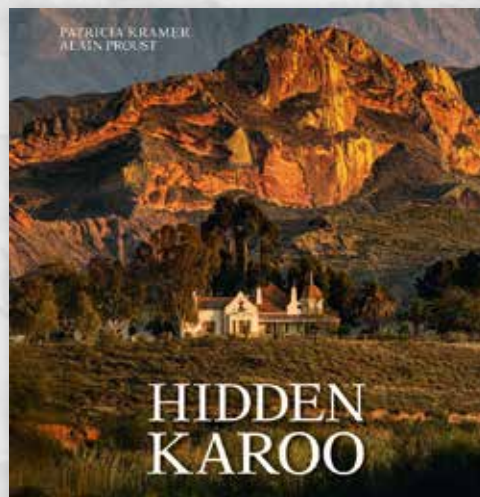
Softcover • R260 • 9781776096008 • May

**Hidden Karoo**

**Alain Proust & Pat Kramer**

*Hidden Karoo* presents a snapshot of the region, offering a glimpse into towns and villages, farms and churches, public buildings and private homes, all against a backdrop of awe-inspiring landscapes. Through words and pictures, it prompts us to consider what was, what is and, perhaps, what might be. One constant about the Karoo is change. A book can do no more than capture a moment in time or depict fragments of a place, but in doing so, it bears witness to the past and offers the hope that there may yet be a future for this unparalleled part of our country.

Hardcover • R470 • 9781432310042 • March



# biographies

## Peter 2.0

**Peter Scott-Morgan**

Peter has Motor Neurone Disease, a condition universally considered by doctors to be terminal. It will destroy his nerve cells and he is told that within an average of two years, it will take his life too.

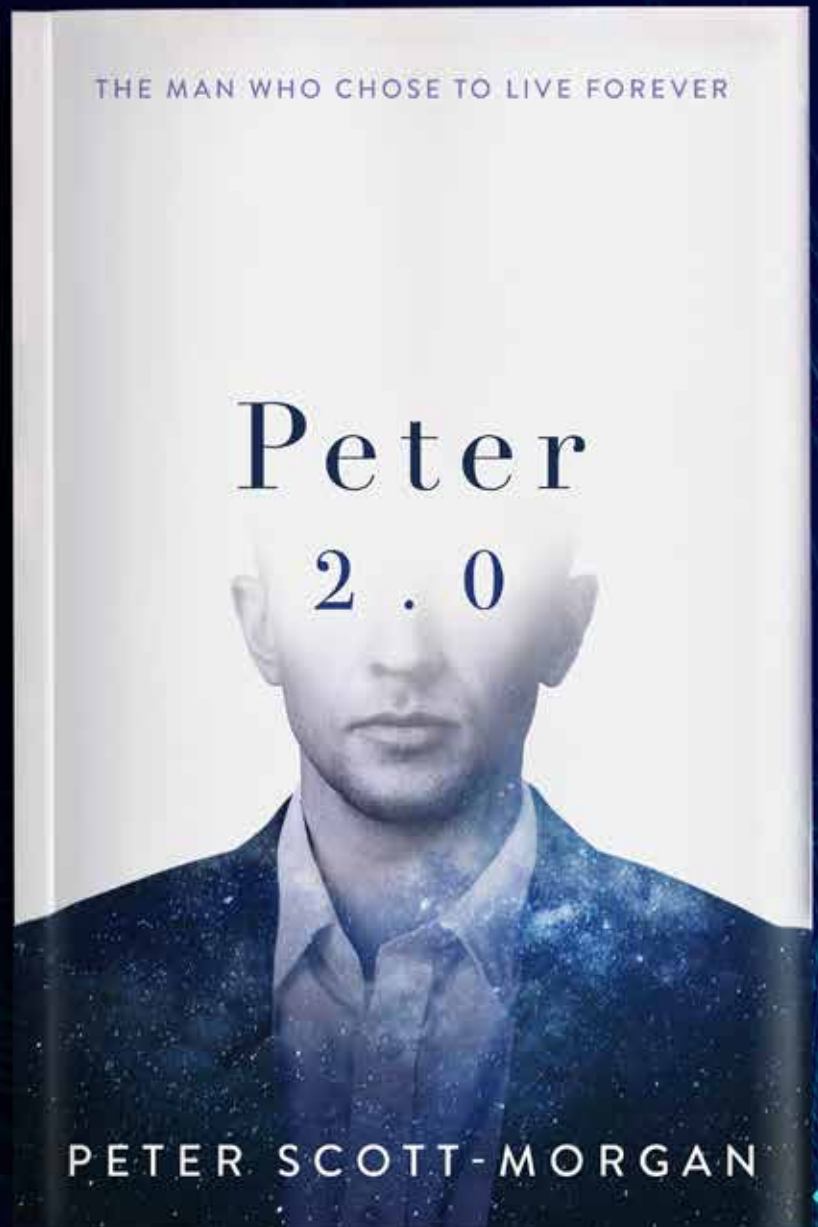
But, face-to-face with death, he decides there is another way. Using his background in science and technology, he navigates a new path, one that will enable him not just to survive, but to thrive.

This is the astonishing true story behind the primetime Channel 4 documentary, about Dr. Peter Scott-Morgan who will become the first person to combine his very humanity with artificial intelligence and robotics to become a full Cyborg.

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Trade paperback • R360 • 9780241474013 • April

The extraordinary true story  
of the man who decided  
to live forever



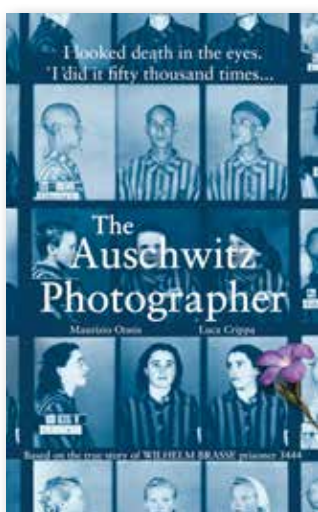




**The Truths We Hold**  
**Kamala Harris**

From the first woman and woman of colour elected vice president in America's history, a *New York Times* bestselling book about the core truths that unite us and the shared values that will see us into the future.

Paperback • R240 • 9781529114461 • January

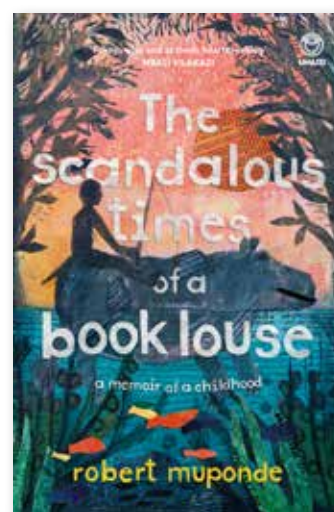


**The Auschwitz Photographer**  
**Luca Crippa & Maurizio Onnis**

The extraordinary true story of Wilhelm Brasse, the Auschwitz prisoner whose photographs exposed the atrocities of the Holocaust and then helped to convict the Nazis at the Nuremberg Trials.

For readers of *The Librarian of Auschwitz* and *The Boy Who Followed His Father into Auschwitz*, this extraordinary true story of horror, hope and courage lies at the very heart of the Holocaust.

Trade paperback • R360 • 9780857527462 • March



**The Scandalous Times of a Book Louse**  
**Robert Muponde**

Ah, you've arrived. Sit down, please, and make yourself comfortable. There may not be much dinner tonight – Father is still out of work; Mother can't do anything with those stunted maize plants in the stony ground – but at least you are here, in Gushare Village, home to unsurpassed raconteurs and the Guramatunhu family, who knows that telling stories staves off hunger.

At a time when cooked ants constitute a feast, the future nevertheless holds abundant prospects for the boy who devours words. But there is an unexpected fork in the road for this book louse, and plenty of wondrous twists and shocking turns.

Hilarious, poetic and poignant, Robert Muponde's vibrant coming-of-age story of Ronald Guramatunhu brings to life rural Zimbabwe from The Second Chimurenga to independence.

Softcover • R280 • 9781415210550 • May

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# nature & travel

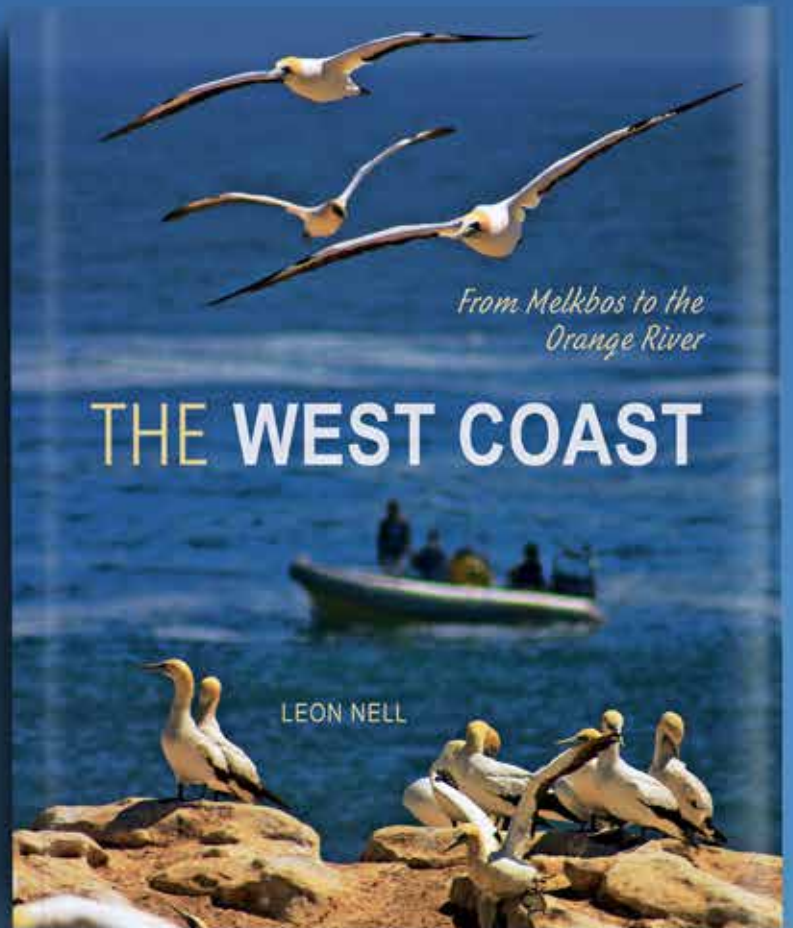
## The West Coast Leon Nell

Leon Nell's sixth book to explore another captivating part of South Africa reveals a bounty of treasures that give the West Coast, or Weskus as locals call it, its particular allure.

Beginning at Melkbosstrand just north of Cape Town, and ending where the Orange River meets the Atlantic Ocean, the book divides the coastal stretch into four discrete and easily explored regions. Coastal and inland towns are described, together with their main attractions, offering glimpses into early human history, local culture and traditions, nature and wildlife, and modern-day economic pursuits.

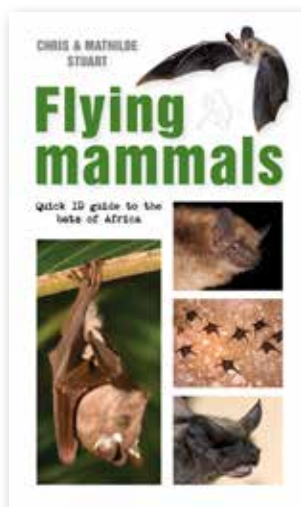
Softcover • R300 • 9781775847021 • January

A captivating account of South Africa's distinctive West Coast, this book focuses on the prehistory, history, nature, ecology, birds and wildlife of this characterful region





## Chris & Mathilde Stuart's Quick ID Guides

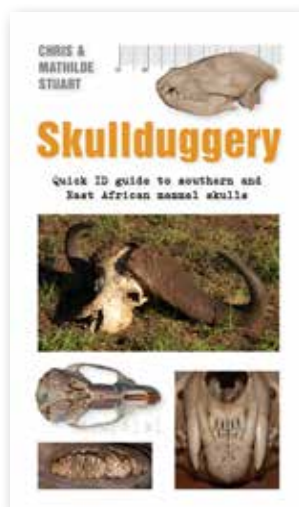


### Flying Mammals

Quick ID guide to the bats of Africa  
**Chris & Mathilde Stuart**

Following the success of earlier 'Quick Guide' books, this slim little volume tackles one of the few groups of mammals that can fly. Divided into large fruit bats and smaller insect-eating bats, this ultimate quick identification guide covers Africa's 12 bat families. An informative introduction touches on evolution, flight, echolocation and reproduction, demystifying an animal that is all too often misunderstood.

Softcover • R80 • 9781775847281 • January



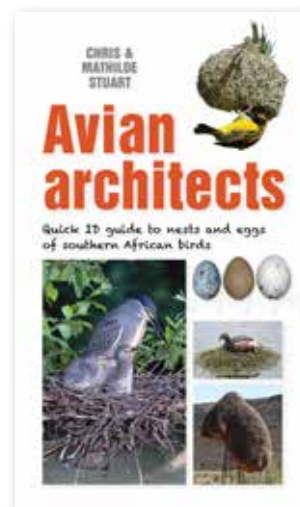
### Skullduggery

Quick ID guide to southern and East African mammal skulls  
**Chris & Mathilde Stuart**

The identification of mammal skulls is the subject of this latest addition to the quirky 'Quick Guide' series, and covers the most common skulls readers are likely to encounter in the wild.

An ideal companion to mammal field guides, this book will appeal to rangers, safari guides and all nature lovers wanting to deepen their understanding of life in the bush.

Softcover • R80 • 9781775847267 • January



### Avian Architects

Quick ID guide to nests and eggs of southern African birds  
**Chris & Mathilde Stuart**

Another title in the 'Quick Guide' series, this compact book is a handy identification guide to the surprising variety of nests built by southern African birds. Covering multiple species, it is arranged according to nest type and is packed with photographs and illustrations showing the ingenuity of the designs, the birds that built them, and the eggs that are laid in them.

Softcover • R80 • 9781775847434 • January

## Walking Safaris of South Africa

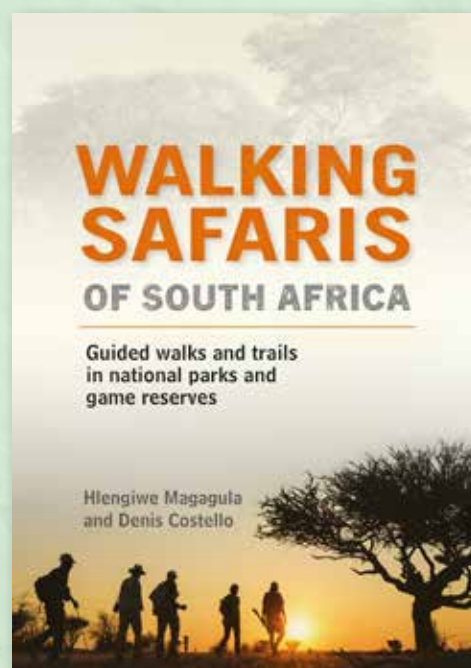
Guided walks and trails in national parks and game reserves

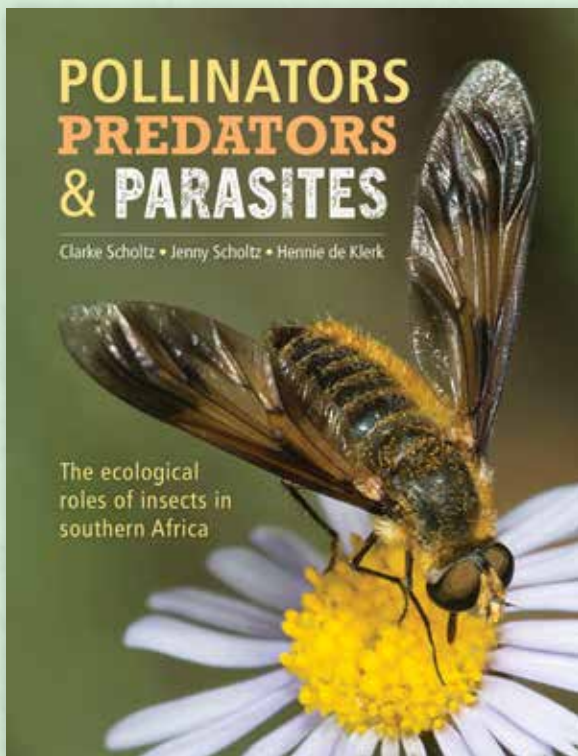
**Hlengiwe Magagula & Denis Costello**

South Africa has a unique set of characteristics that make walking in big game areas one of the safest and most rewarding outdoor experiences.

Seasoned hikers, Hlengiwe Magagula and Denis Costello cover 59 guided walks across 21 parks and reserves in South Africa (including two in eSwatini and one in Botswana). They unpack the options available in each park, from short dawn and dusk walks and multi-day wilderness trails to backpacking trails that span several days. An advisory section gives a rundown of when to go, what to pack, what to wear, and the dos and don'ts of walking in areas with big game.

Softcover • R270 • 9781775846901 • February





**Pollinators, Predators & Parasites**  
The ecological roles of insects in southern Africa  
**Clarke Scholtz, Jenny Scholtz & Hennie de Klerk**

Pollinators, parasites, purifiers, predators, decomposers – insects arguably play the most important roles in the functioning of the Earth's ecosystems.

This lavishly illustrated and highly authoritative book is structured around southern Africa's 13 distinct biomes and reflects the essential role insects play in most ecological processes. With around 2,000 photographs and accessible text, the book highlights the crucial role insects play as ecosystem 'service providers', giving intimate insight into the beauty and importance of insects in the natural world.

Hardcover • R590 • 9781775845553 • March

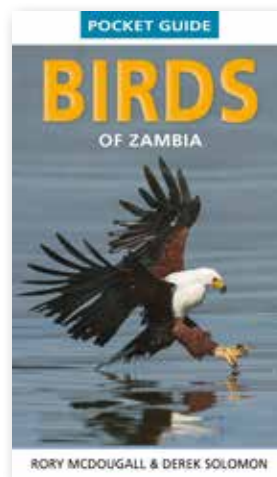
A detailed and intimate insight into the beauty and diversity of southern African insects within the region's 13 distinct biomes



**Pangolins - Scales of Injustice**  
**Richard Peirce**

In *Pangolins - Scales of Injustice*, Richard Peirce introduces readers to this enigmatic and discreetly charming mammal. He unpacks the methods and terrifying statistics of the trade, describes visiting markets and restaurants in southeast Asia, and explains the links between wildlife and the Covid-19 pandemic.

Softcover • R200 • 9781775847120 • February



**Pocket Guide Birds of Zambia**  
**Derek Solomon & Rory McDougall**

This pocket-sized guide to the birds of Zambia features 425 birds likely to be seen in the region, plus a few 'specials' sought after by birders. Lightweight and handy, it is a useful introduction and guide for visitors to Zambia with its 20 national parks and 42 Important Bird Areas. An excellent guide for anyone interested in the birds of Africa.

Softcover • R190 • 9781775847144 • March



## Palaces of Stone

### Uncovering ancient southern African kingdoms

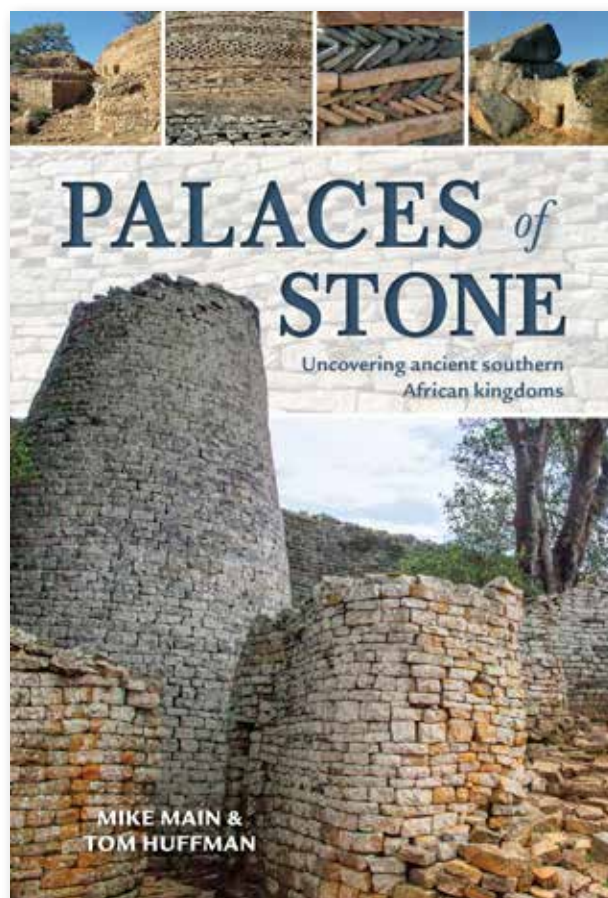
Mike Main & Tom Huffman

Across the face of southern Africa are more than 460 remarkable stone palaces – some small, others rambling, but many are astonishing. All are the legacy of kingdoms past.

*Palaces of Stone* brings to life the history of various early African societies, from AD 900 to approximately 1850. By exploring a selection of known and unknown sites, the authors uncover the emergence of ancient civilisations and reconstruct the meaning of the ruins they left behind.

This book will appeal to anyone interested in Africa's ancient heritage and its history.

Softcover • R240 • 9781775846147 • April



## Shaping Addo

### The story of a South African national park

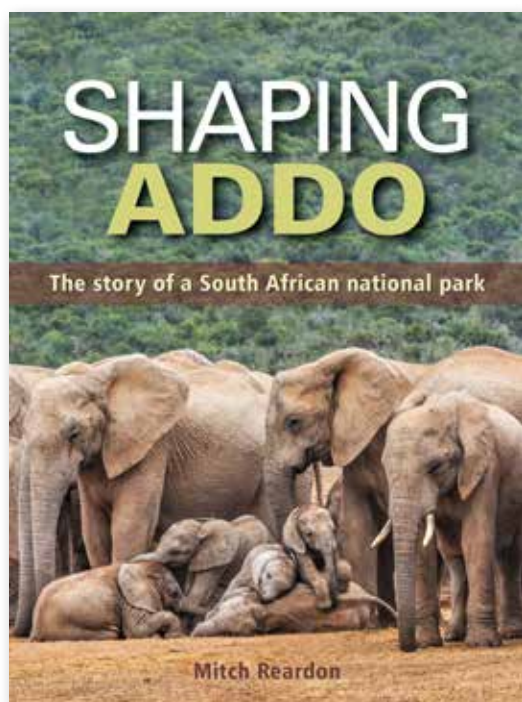
Mitch Reardon

More than a century ago elephants in the eastern Cape were systematically hunted – until only 16 were left. Today there are 650 elephants in the Addo Elephant National Park, the densest concentration of wild elephants anywhere on the planet.

*Shaping Addo* delves into the history of the park, detailing the positive impact that changing conservation practices have had on its development. Drawing on decades of groundbreaking research, the author provides insight into the lives and habits of the animals (both terrestrial and marine).

*Shaping Addo* is an engrossing account of how a seemingly insignificant sanctuary was transformed into an astonishingly successful mega-park, and the most ecologically diverse protected space in South Africa.

Softcover • R320 • 9781775846048 • April



## MITCH REARDON

Wildlife author and photographer Mitch Reardon has written nine books, including *Wild Karoo* and the best-selling *Shaping Kruger* and *Etosha: Life and Death on an African Plain*. He has written extensively on natural history and is a winner of the *Australian Geographic* Writer of the Year Award.





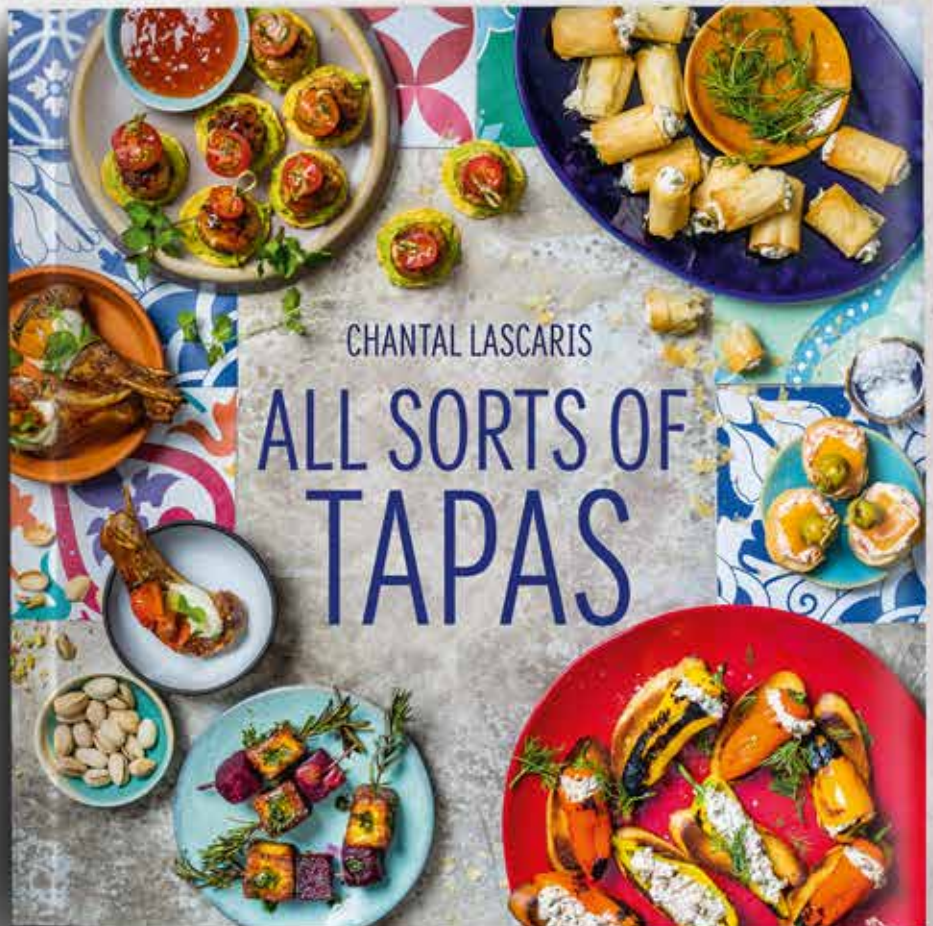
# cookery

## **All Sorts of Tapas** **Chantal Lascaris**

Good tapas are all about the perfect marriage of food, drink and sparkling conversation. Inspired by the bustling nightlife of the Spanish tapas bars and the pintxos bars of San Sebastian, these little dishes are packed with big flavours and are meant to be enjoyed with the people around you.

In *All Sorts of Tapas*, you will find delicious tapas that bring to life the richness of Spain's regional variations, styles and attitudes while incorporating some uniquely South African flavours.

Softcover • R280 • 9781432310851  
February

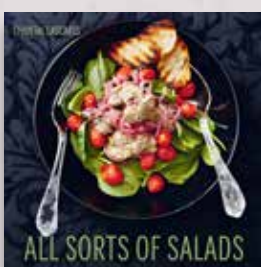


### **CHANTAL LASCARIS**

Successful businesswoman Chantal Lascaris is the author of the very popular *All Sorts of Salads*, *All Sorts of Healthy Dishes* and *All Sorts of One-Dish Wonders*. She has always been interested in health and nutrition and is a qualified pilates instructor. Her lifestyle includes plenty of travel and regular entertaining. Chantal lives in Franschoek with her husband Reg.

Enjoy the freshest and most fun way to eat with friends and family, all from the comfort of your own kitchen

## **also in the series**







### Low-carb Express

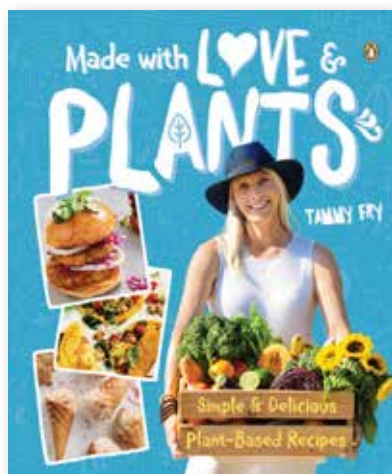
**Vickie de Beer**

In *Low-carb Express*, Vickie shows that with a little planning and better time management, you can cook healthy meals in a cinch that will not only benefit you and your family's overall health, but might also benefit your budget.

The book helps you to plan your meals around your available time.

Whether you have five minutes to whip up a nutritionally dense egg scramble or immune-boosting smoothie, or half an hour to make a delicious low-carb bobotie or the best-ever low-carb cupcakes, Vickie proves that there is no such thing as too little time to make healthy food choices.

Softcover • R320 • 9781432310875 • February



### Made with Love & Plants

**Tammy Fry**

As a director of Meat-free Mondays in Australia and South Africa, it's Tammy Fry's mission to enable others to live a happier and more energetic lifestyle through plant-based eating. Through her blog ([seed-blog.com](http://seed-blog.com)) and lifestyle workshops she has become a key influencer and thought leader in the plant-based, health and wellness world of holistic nutrition. *Made With Love & Plants* will not only present more than 75 wholefood, plant-based recipes, all beautifully photographed and styled, but also provide detailed yet easy-to-follow guidance on living the plant-based lifestyle.

Softcover • R350 • 9781432310899 • January



### TAMMY FRY

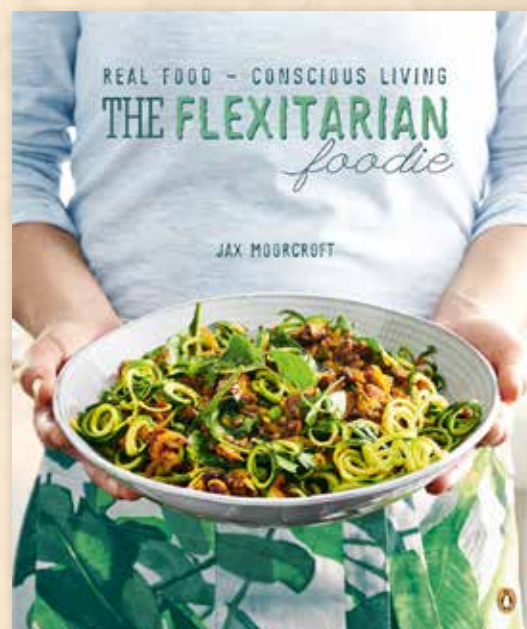
Tammy Fry is the daughter of Wally Fry, the founder of The Fry Family Food Company which is known internationally for its range of plant-based food products. She is a director at Fry's, the director of marketing and communications of LIVEKINDLY Co, Fry's global holding company, as well as the director of Meat-Free Mondays Australia and South Africa. An avid crossfitter, 5th Dan Karateka and many times South African national champion, self-defence coach, surfer, business woman, public speaker, plant-based nutritionist and mum of two young boys, Tammy Fry embodies health and wellness. She was recently named in the top 8 women changing the world through food by Female First in the UK.

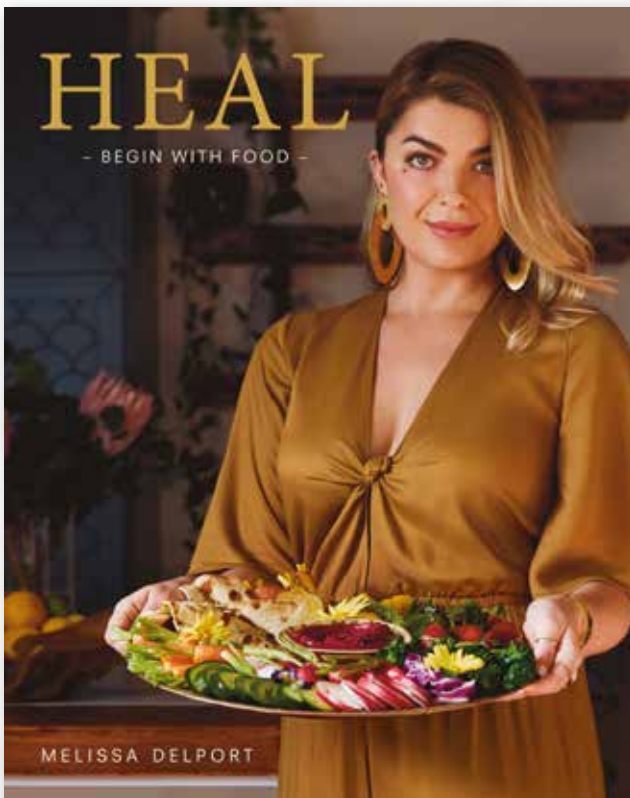
### The Flexitarian Foodie

**Jax Moorcroft**

A collection of proudly South African, budget-approved, family-friendly recipes that show how achievable it is to eat delicious real food and live consciously and mindfully, no matter the situation. With just a few tweaks, even the most carnivorous amongst us can be convinced that eating more veggies and less meat is attainable and enjoyable. Eating and living an eco-friendly lifestyle doesn't have to be a complicated, expensive, big-life change – in fact, with just a few simple changes it can be accessible to everyone wanting to improve their health and the health of our planet.

Softcover • R340 • 9781432310844 • March





## HEAL

Melissa Delpont

*HEAL - begin with food* aims to share information on how to eat healthier, support the body's various systems, heal ailments, and live a life of energy and abundance through beautiful whole food cooking. The close to 100 recipes in this book are beyond delicious and packed with whole foods that are nutritious and can be enjoyed without guilt, knowing that they are healthy for the mind, body and soul. The recipes are either vegetarian or vegan, but for those who enjoy meat, it can simply be added to the dish

Hardcover • R400 • 9781432310462 • February

Healing your relationship with food is the first step in connecting to your health and *HEAL* will transform the way you look at food as a means to bring healing, lasting change and vitality into your life

### RECIPE EXTRACT

## Ultimate Veggie Curry Butter Chickpea and Tofu

1 cup uncooked brown rice  
2 Tbsp coconut oil  
250g tofu (or paneer), cubed  
 $\frac{3}{4}$  cup raw cashew nuts, roasted  
 $1\frac{3}{4}$  cups coconut milk  
3 Tbsp tomato paste  
 $\frac{1}{4}$  cup Greek yoghurt or coconut cream  
 $\frac{1}{2}$  red onion, diced  
2 cloves garlic, minced  
1 Tbsp grated fresh ginger  
2 tsp curry powder  
3 Tbsp Massaman or red curry paste  
2 Tbsp Garam masala  
2 tsp ground turmeric  
1 tsp cayenne pepper (or to taste)  
 $\frac{1}{2}$  tsp salt  
250g chickpeas, cooked  
250g tender-stem broccoli  
1 handful fresh coriander leaves, roughly chopped

Cook the rice as per the packet instructions. Once the water has evaporated, remove from the heat and set aside with the lid on to steam.

Heat 1 tablespoon of the coconut oil in a medium-sized frying pan over medium heat. Add the tofu and cook for roughly 3 minutes per side until crispy. Once ready, remove from the heat, drain on paper towel and set aside.

Place the roasted cashew nuts, coconut milk, tomato paste, yoghurt or coconut cream and  $\frac{1}{2}$  cup water into a food processor or blender and blend until smooth. Set aside.

Using the same frying pan from the tofu, heat the remaining tablespoon of coconut oil over medium heat. Once hot, add the onion and sauté for 5 minutes until translucent. Add the garlic and ginger and cook for another 5 minutes until the onion starts to caramelize.

Add the curry powder, curry paste, garam masala, turmeric, cayenne pepper and salt and cook for another minute to release the fragrance of the spices. Once ready, pour in the cashew sauce and mix

well. Bring the sauce to a gentle simmer and cook for 15 minutes. If the sauce becomes too thick, add a little water to help it along.

Once the flavours have developed, stir in the tofu and the chickpeas and cook for 5 minutes. Stir in the broccoli and continue cooking for 5 minutes.

Serve a generous ladle of curry with a helping of rice or naan bread and top with fresh coriander leaves and a crack of black pepper.

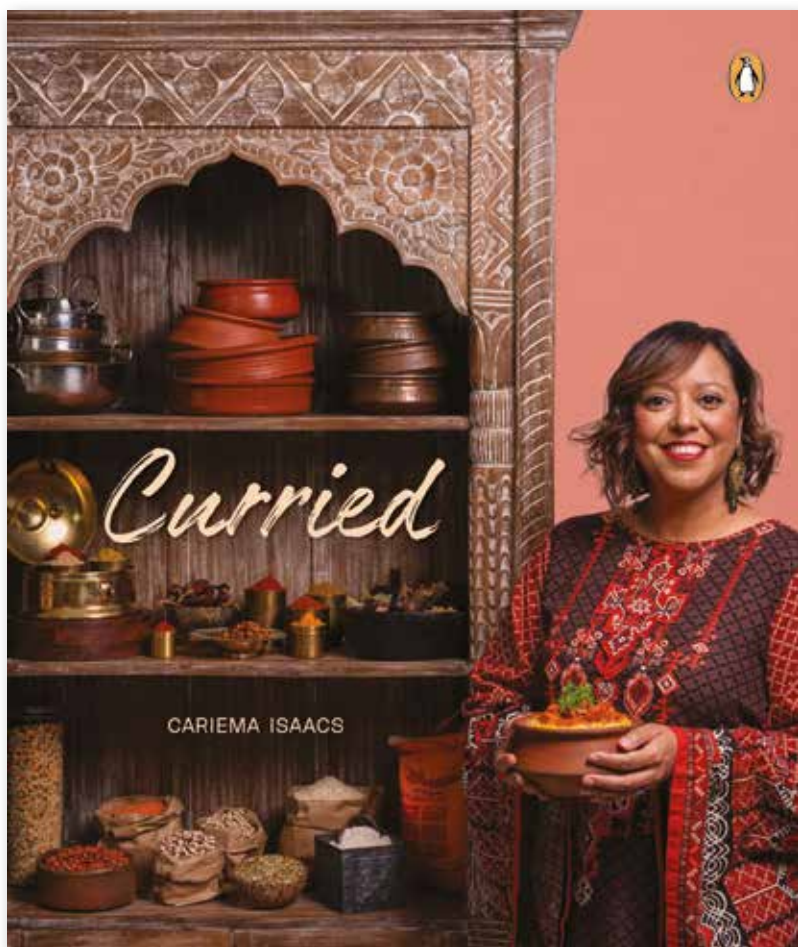
SERVES:  
4

PREP TIME:  
15 mins

COOKING  
TIME:  
40 mins







**Curried**  
**Cariema Isaacs**

This joyful homage to one of the world's most beloved and versatile dishes – the curry – is inspired by the author's memories of the slow-cooked Cape Malay curries of her childhood, as well as the fast-paced landscape of the Middle East, where she now lives. *Curried* embodies a culinary curiosity and global consciousness for the times.

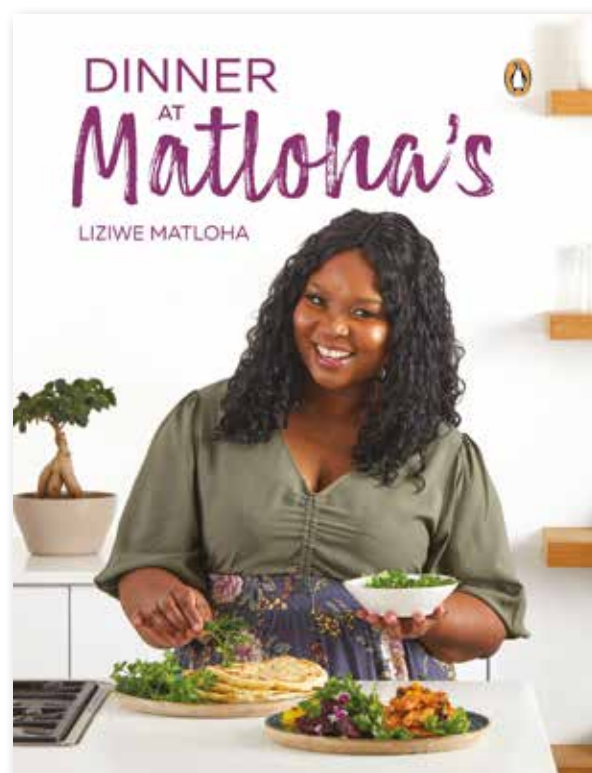
Softcover • R350 • 9781432310936 • April

**Dinner at Matloha's**  
**Liziwe Yona**

*Dinner at Matloha's* is about bringing family and friends together around the table. As dishes are passed around and plates are piled high, it is not only food that is shared. Conversation flows, people smile, and stories are told.

Liziwe's food is unpretentious and flavourful. She values authenticity and loves finding new ways to showcase ingredients that reflect her culinary heritage and share her passion for food that is easy to prepare and appeals to the whole family.

Softcover • R300 • 9781432310882 • April











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#### CAPE TOWN

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PO Box 1144, Cape Town, 8001

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#### JOHANNESBURG

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