

Microwave CHOCOLATE- COFFEE CAKE

Dessert for one can be quite tricky to pull off, especially when all you crave is a piece of cake. It doesn't make any sense to put the oven on and bake an entire cake just for yourself, so this mug cake is just the thing. Mix everything in the bowl, blast in the microwave and that sweet craving is taken care of ... until the next time.

MAKES 1

60ml cake flour
2.5ml baking powder
30ml cocoa powder
15ml instant espresso coffee powder
60ml icing sugar
1 egg
45ml milk
45ml vegetable oil
5ml vanilla extract
45ml chocolate chips

TO SERVE

a scoop of ice cream or custard

1. In a 300ml microwaveable bowl, combine the flour, baking powder, cocoa powder, coffee powder, icing sugar, egg, milk, oil, vanilla and chocolate chips. Beat well with a whisk until smooth and blended. Microwave on high power for 90 seconds.
2. Top with a scoop of ice cream or custard (or both) to serve.

